

Kingston Guardian

July 28, 2016



NEWS

Doctor's plea concerning lifts at train station

Page 6



WHAT'S ON

Praise for clubs that helped to nurture Olympic heroes

Page 17



SPORT

Backing for club captain who failed in Rio bid

Page 28



60p where sold

KingstonNews

www.kingtonguardian.co.uk

facebook.com/kingtonguardian

Outdoor Living SALE

Chessington
garden centre.co.uk



Save £200

Brown 4 Seat Cube Set
D125 x H75 x W125cm

was £699 ~~£599~~ **£499**



LESS THAN Half Price

Chessington 8 Seat Set

Table & 8 chairs
*Parasol & base available separately

was £1818 ~~£1199~~ **£899**



Save £500

Chessington Modular Set

2 middle sofa sections, 3 corner sections with cushions & coffee table

was £1499 ~~£1199~~ **£999**



Save £1100

Siena 8 Seat Set
Oval table, 252 x 179cm with Lazy Susan,
8 cushioned chairs, 3.5m dia. parasol

was £2299 ~~£1699~~ **£1199**



Save £250

Ashbourne 4 Seat Set
Table, 100cm dia. 4 armchairs with
cushions, 2.5m parasol and base

was £699 ~~£599~~ **£449**



Save £350

Ashbourne Modular Set
Table, 2 x 3 seater cushioned sofas
& 2 footstools

was £1499 ~~£1299~~ **£1149**



Save £600

Calgary 8 Seat Set
Rectangular table, 201 x 88cm,
6 carver chairs & 2 recliners

was £1299 ~~£899~~ **£699**

Family run since 1967

www.chessingtongardencentre.co.uk

Outdoor Living SALE

Chessington
garden centre.co.uk



Save £340

Palma Corner Set
Table, 2 x 3 seater sofas & 2 stools
Whitewash only.

R.R.P £1699 ~~£1529~~ **£1359**



Save £150

Palma Mini Cube Set
Includes table & 4 stools with seat pads
Whitewash only.

R.R.P £599 ~~£539~~ **£449**



Save £200

Bari Lounge Set
Lounge sofa, 2 armchairs & coffee table

was £799 ~~£609~~ **£599**



Save £500

Bari Modular Dining Set
Comprising of 2 x 3 seater sofas,
rectangular table & 2 footstools

was £1499 ~~£1299~~ **£999**



Save £419

Patagonia 6 Seat Set
140cm dia round table, 6 armchairs
with cushions, & 3m parasol & base

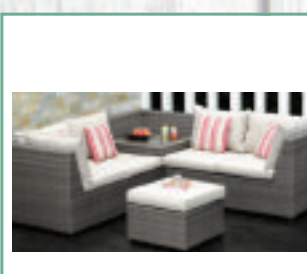
R.R.P £1418 ~~£1275~~ **£999**



Save £306

Patagonia Modular Set
Comprising 1 left & 1 right sofa, with
cushions, dining table, & 2 footstools

R.R.P £1605 ~~£1439~~ **£1299**



Save £300

Andamann Corner Set
Comprising of 1 left & 1 right corner sofa,
corner table & ottoman with cushions

was £1199 ~~£909~~ **£899**



Save £50

Steel Gazebo
3 x 3m, including curtains

was £199 ~~£179~~ **£149**



Save £100

Triton 3 Burner Gas Barbecue
Black, cast iron cooking grill with
warming rack

R.R.P £399 ~~£349~~ **£299**



Save £100

Triton 3 Burner Gas Barbecue
Bordeaux, cast iron cooking grill with
warming rack

R.R.P £399 ~~£349~~ **£299**



Save ^{UP} ~~TO~~ £19.49

Bakerstone Pizza Oven Box
Fits 12" or 14" pizza. Both sizes available

was £144 ~~£144.49~~ **£125** (14")



Save £5

Dad's Barbecue
Portable BBQ with chrome grill & handles

was £19 ~~£19.99~~ **£14.99**

BP Gas available in-store, 10kg bottle **£64.99** (complete, tank hire & gas)

■ Design ■ Build ■ Maintenance

For more information on these services, please
contact Garden Design in-store or online

PCC CONTROVERSY
COMMISSIONER MUNRO
ACCUSED IN RACE ROW

See page 2



BULLDOG SPIRIT
CAMPER VAN COUPLE
WITH PETS IN TOW

See page 3



THE HEAT IS ON
SO STAY COOL IN
THE SUN

See page 7



Kingston Guardian

kingstonguardian.co.uk

July 28, 2016

60p

THE BUBBLE'S BURST

Beloved ride at Chessington
World of Adventures will
shut for good this summer



REPORTER

RACHAEL BURFORD

rachael.burford@
london.newsquest.co.uk



CHESSINGTON World of Adventures has provoked an outpouring of sorrow by announcing it will close the beloved Bubbleworks ride this summer.

The foamy, family-friendly ride will close down on September 6 after completing more than 15 million circuits.

Theme park fans proclaimed their childhoods crushed and hearts broken by the news, with one saying "my life has never had less of a purpose".

During the ride's 26 years, Professor Burp and his Transylvanian factory helpers soaked 32 million people who boarded the bobbing bathtubs and travelled through the workshop.

Superfans visiting the park over the summer will get the chance to take a piece of the ride home with them as the magical animated scenes are auctioned off at the beginning of September.

Peter Lambert, 21 from Hampshire, said it was the Bubbleworks that inspired him to start a career in the theme park design industry. He made the documentary Prof Burp's Bubble Works - British Dark Rides Part 2 about the iconic ride last year.

He said: "My favourite memory was simply of going on with my family every year and being amazed at the sights and sounds unlike anything that could be experienced on TV at the time."

"Entertainment was very different in the 1990s when the ride was at its height of fame."

"It was many children's first experience of theatricality and animations, making it a



Sud's law: The Bubbleworks ride will close down at the end of the summer

much loved attraction in the country for many years.

"My dad's favourite joke was the 'BeauFART Scale' depicting a worried-looking factory worker farting his way along a measuring scale having tested the 'gassiness' of Professor Burp's fizzy pop."

"It was naughty but fun jokes like these that the original

ride was famous for, but were removed in 2006 after the park changed management."

The Bubbleworks was the brainchild of designer John Wardley who had previously worked on special effects for the James Bond films.

His later designs include the less family-friendly Saw ride at Thorpe Park and Th13teen at Alton Towers.

Mr Lambert added: "The fountain finale scene was an inspired addition to the ride during its production and was not initially planned. It was the first time tunnel fountains had been used in a theme park ride and is

iconic to this day."

Elainah Brockway, 19, wrote in to say: "I still love it. It has always been my favourite ride since I was a kid. I'd queue for hours. A shame to see it go."

Louis Kirkwood, 18, added: "I've been to Bubbleworks many times when I was a kid, I loved everything about it."

"Although I was quite scared when I first went on it, I got used to it. I'll definitely miss it."

A CWoA spokeswoman could not say what would replace the much-loved ride.

She said: "We will be announcing in due course what new attraction we will be opening in 2017."

PREMIER CABS
24 Hour Local & Reliable Minicab Service
Call us Now
02082749000
No Surge Pricing -
No Estimates -
Fixed Fare!!
10% Discount on
All journey Booked via App
Download APP OR Book on-line at
www.premierminicabs.com

PARKER CAR SERVICE
Minicabs - Minibuses
Executive - Chauffeurs
Bikes - Couriers - Freight
0208 549 9979
www.parkercarservice.co.uk

LUXURY CHAUFFEUR DRIVEN CARS
10% off any booking when booked with this advert
For any occasion: from Wedding & NRA awards to Proms & more
Make it extra special, with one of our chauffeured luxury cars
 PLATINUM CAR CLUB
Call for more information on
07961736543
Website: **www.platinumcarclub.co.uk**
Woldingham : Wapping : Mayfair

VACCINATIONS: KINGSTON school children will benefit from a "new and improved" £1.3 million vaccination service. The new national programme, which will see vaccinations given to all children under 16, will be delivered by the Hounslow and Richmond Community Healthcare NHS Trust to four London boroughs including Kingston. The health trust will begin administering the programme from Thursday, September 1.

SEPSIS EVENT: Kingston Hospital will hold a free sepsis awareness event to teach people about the dangers of blood poisoning. The hour-long talk is on Thursday, September 8 and starts at 6:30pm in seminar Room 1, Level 5, Kingston Surgical Centre. To register e-mail sepsis@kingstonhospital.nhs.uk or call 0208 934 2582.

HOME GROWTH: Kingston is one of only five London boroughs growing in popularity among house buyers. According to online estate agent eMoov, only Kingston, Waltham Forest, Hackney, Southwark and Ealing saw more people wanting to buy homes in the three months before the EU referendum. Overall demand stagnated across the capital after the vote for Brexit.

PCC accused of treating councillor in 'racially motivated' way and causing personal distress Commissioner is facing race row



Cllr Mirza and Mr Munro at the Muslim Burial Ground Peace Garden in Woking

whether he wanted to know anything from me about my work.

"I was very upset. All I have done is dedicate my life to my community work. Who's going to look after the people I'm leaving behind?"

Cllr Mirza, a Pakistani-born Muslim who came to England aged 19, served as Kingston's first Asian mayor in 2000 and again in 2007.

Known for his work with minority groups, he has received threats from Islamic extremists but refers to the UK as the "most Islamic country in the world" because he feels its society practices its core values to a degree not found anywhere else.

He was hired by Mr Hurley to advise on equality and diversity in 2013.

The 64-year-old's role included helping Surrey Police recruit black and ethnic minority officers, securing funding for the Surrey Minority Ethnic Forum, and working with prevent officers to intervene in cases of young men being groomed for terrorism.

He said police officers often asked him to talk with people from minority communities – 17 per cent of Surrey's 1.2 million population – "because they won't speak to us".

Mr Hurley praised Cllr Mirza for the trust he helped build between Surrey Police and the county's Muslim communities.

He said: "I addressed Friday prayers in Sunni and Shia mosques as well as the international gathering of Ahmadi Muslims.

"I even gave talks in the mosque about my role in the invasion of Iraq as a soldier and an overseas police chief. Such lively and challenging debate is unheard of with hundreds of young Muslim males. Shiraz has played a key role in building community cohesion and done much to help stop extremism.

"At a time of increased bigotry and racist scaremongering in the UK, his work is of increasing importance."

One resident, who asked not to be named, said he met with Cllr Mirza over concerns his son was being groomed as a suicide bomber. He said he felt Cllr Mirza took his fears more

seriously than Surrey Police had done previously.

The man added: "The community came out into the open and instead of putting problems under the carpet, we thought, 'We've got to talk to him because we trust him'."

"There has to be that transparency and openness. People are scared to talk. Shiraz would encourage people to come forward.

"The confidence people had will all be gone because now they will deal with someone who doesn't understand the community."

A sub-committee of Surrey's police and crime panel is due to meet on July 29 to consider Cllr Mirza's complaint.

In a letter sent earlier this month the panel summarised his complaint as "that the Commissioner has treated you in a racially motivated manner which in turn has caused you personal distress".

Cllr Mirza's complaint against Mr Munro, 68, stems from an alleged conversation the commissioner had with Alison Bolton, chief executive of his office. Ms Bolton declined to comment.

The Chessington South councillor said he heard about the alleged conversation when he heard Mr Hurley discussing it on the phone with another member of staff at PCC HQ, shortly after Mr Munro's victory.

A spokesman for Mr Munro said the commissioner was "keen to build relationships with all of Surrey's minority and ethnic communities himself and no longer requires a consultant to attend meetings with minority groups on his behalf".

The spokesman said the PCC would instead take advice from the Independent Advisory Group (IAG), set up 15 years ago in the wake of the Stephen Lawrence inquiry.

While the IAG includes minority representatives, it is understood to have been created to support Surrey's police officers, rather than the PCC.

A councillor in Surrey for more than 20 years, Mr Munro ran for election as PCC "to give Surrey a fresh start", vowing to support victims, tackle the threat of terrorism and provide value for money.

REPORTER

HARDEEP MATHARU

newsdesk@kingstonguardian.co.uk

A FORMER Kingston mayor who helped Surrey Police fight the Islamic radicalisation of youngsters has accused the force's commissioner of treating him in a "racially-motivated" way, after he abolished his position as an adviser on equality and diversity.

Conservative David Hurley defeated Surrey's "zero tolerance" Independent Kevin Munro in the county's police and crime commissioner (PCC) election in May.

But the Independent Police Complaints Commission has now asked Surrey's police and crime scrutiny panel to investigate claims Mr Munro caused Kingston's Liberal Democrat councillor Shiraz Mirza "personal distress".

The former Army major has declined to comment on the allegation, which is understood to relate to an overheard phone call regarding the ending of Cllr Mirza's contract.

Cllr Mirza said: "I never spoke to David Munro about what I did, what I achieved in the role or

Figures show 500 police officers fail fit test

MORE than 500 Metropolitan Police officers failed a basic fitness test between 2014 and 2015, figures from the College of Policing have revealed.

Of the 26,637 officers who took the basic test, 26,084 passed, a rate of 97.9 per cent.

The figures, released last week, show that men in the force are more likely to pass than women.

Of the 20,642 male officers,

20,313 passed, a rate of 98.4 per cent. But female officers achieved a lower pass rate of 96.3 per cent, with 5,771 of 5,995 officers passing.

The figures apply for tests taken between September 2014 and August 2015.

The police fitness test requires officers to run 525 metres in three minutes 40 seconds or less, with the bleep test.

Those who do not pass the first

time are allowed two retakes.

National lead for fitness testing, assistant chief constable Jo Shiner said: "These results show that the vast majority of officers tested were fit and meet the standard required of them to protect the public.

"The public want their officers to be fit and able to protect them in the face of danger and these results show they are able to do just that."

We want to hear your news...

The Kingston Guardian is proud to be the number one local newspaper and sits right at the heart of our community. Every week we do everything we can to deliver all the very best stories straight to your door.

But we know that you, our loyal readers, are the very best eyes and ears we have – we rely on you to let us know about everything going on right across the area. If it is important to you, then it's important to us and we want to hear all your local news – it might be a community issue, a new development, someone's sporting success, a new business venture or just about anything else.

Whatever it is, we want to hear about it. Please send your news directly to me by email, and if you've got a photograph to go with your news then so much the better. Thank you for your continued support, the Kingston Guardian relies upon its loyal readership more today than ever before.

AP

Andy Parkes, Editor
aparkes@london.newsquest.co.uk

Guardian

CONTACTS

Call may be recorded for training purposes

EDITORIAL

Editor: Ian Sheppard
ian.sheppard@london.newsquest.co.uk
Tel: 020 8722 6317

DISTRIBUTION

Newspaper deliveries
subscriptions@london.newsquest.co.uk
Tel: 023 8043 4550

ADVERTISING

Liz Hagler
liz.hagler@london.newsquest.co.uk
Tel: 020 8722 6468

JOBS

Please phone or email
jobs@london.newsquest.co.uk
Tel: 020 8722 6360

CLASSIFIED

Please phone or email
privateadvertising@london.newsquest.co.uk
Tel: 020 8722 6460

ONLINE ADVERTISING

Wendy Craft
mcraft@london.newsquest.co.uk
Tel: 020 8722 6441

Kingston Guardian: 28,490

Long audited circulation: January to December, 2015: 100% free



Audience on the web:

48,259 unique users visit the site every month (Jan-Mar 2016)

221,706 pages are looked at every month (Jan-Mar 2016)

Home told to improve

NURSING home staff failed to report signs of possible abuse of its residents, frustrating investigations into their safety, government inspectors have said.

The Care Quality Commission (CQC) visited the Galsworthy House nursing home, in Kingston Hill, unannounced for two days in March. Staff had failed to properly investigate a case of 'unexplained bruising' on a resident and some services were 'not safe', it found.

The regulator also found that some residents did not consistently receive their medicines as prescribed.

Its report, published last week, found the home required improvement in its safety measures, effectiveness, responsiveness and leadership. But staff had built 'caring working relationships' and the service was rated good in that department.

A spokesman for Galsworthy House said: "We have put in place a thorough action plan to address the areas identified where improvements were needed. We welcome the report's comments that the home is caring, residents feel safe, and relatives are confident the staff team has the knowledge and skills to look after loved ones."

Shaun and wife Holly to travel round Europe in VW camper van with pets

Couple give up jobs to head off on adventure with dogs

REPORTER

RACHAEL BURFORD

rachael.burford@london.newsquest.co.uk

DO you ever wish you could escape the daily grind of London life and just set off on the adventure of a lifetime instead?

That is exactly what one Kingston couple have decided to do – with a pair of French bulldogs in tow.

Next month Shaun Traynor, 33, and his wife Holly, 29, will swap the hours of commuting and monotony of work for travelling around Europe in a VW camper van with their dogs Louis and Beau.

The couple have rented out their flat in Beresford Road and quit their jobs. Mr Traynor was a health club manager and his wife an administrator at Kingston Grammar School.

Their only plans are to first make their way through Scandinavia before driving down the continent to spend Christmas in Spain with Mr Traynor's aunt.



Shaun Traynor, 33, and his wife Holly, 29, with French bulldogs Louis and Beau

Mr Traynor said: "We are not rich or privileged, we have just worked hard and were growing increasingly tired of long working days, stressful London commutes and a life of being together yet so far apart because of work."

"I think the quote that has really stuck with us is, 'We travel not to escape life, but to experience it.'"

The couple met on a work trip in Marbella eight years ago. At the time Mr Traynor

was living in Manchester and they kept up a long-distance relationship for a year before settling in Kingston six years ago.

They spent two years saving some £20,000 for the trip.

Mr Traynor said: "We will live simple lives. We are hoping to go for at least a year."

"It's a pretty small van so we know there might be some struggles in the first few weeks but when we are out there we might decide we love it. Maybe we'll end up as

new age hippies."

To record their journey across the continent the couple have set up a blog and Instagram account, in which their dogs will star.

Mr Traynor said: "We don't really have any solid plans as such but we have organised the trip around the boys a bit. We're starting in Scandinavia because it'll be too hot for them in other parts in the summer. We'll be blogging our travels. Hopefully we will inspire someone else."

OPEN DAY: Surbiton fire station will host an open day in celebration of London Fire Brigade's 150th anniversary. The station, in Ewell Road, will open its doors on Friday, August 19 from 11am to 4pm to residents, with life-size toy fire engines built from children's Playmobil blocks among the attractions.

PALACE AWARD: Hampton Court Palace has been shortlisted for a family-friendly museum award. The palace saw 11,000 children contribute to the Royals, Rascals and Us film that celebrated the palace's 500th anniversary. Elizabeth McKay, of Historic Royal Palaces, said: "This summer, we'll welcoming many more families to the palace and we hope that the undercover judges are impressed by the huge array of family activities we'll have on offer."

FOOTBALL FUN: Footballers aged six to 16 are wanted for the Premier and Primary Boys football league based in Tolworth. The teams play every Saturday morning from September and there are no trials required to join. For more information email registrations@pbfl.co.uk.

GARDENS DAY: Kingston Permaculture Reserve is hosting a group gardening day on July 31. The day will see music from Euphoric Recall and visitors are encouraged to bring food to share. The event starts at midday at the reserve 10 minutes walk over Hogsmill Bridge at the bottom of Sheephouse Way.

KINGSTONGUARDIAN.CO.UK

Bodybuilder aims for bikini debut in fitness competition challenge



No pain, no gain: Pamela David

A 43-YEAR-OLD bodybuilder is taking part in her first bikini competition after sculpting her body at the Surbiton YMCA gym.

Pamela David will compete in the UK Bodybuilding and Fitness Federation's bikini class in Birmingham in September.

The former human resources manager and croupier decided to develop her muscles after she started volunteering at YMCA Surbiton. She

then trained to become a personal trainer.

Ms David said: "I'm 43, I've worked hard and I want to challenge myself. Victor, one of the personal trainers here, introduced me to it. He knew that I had the dedication and drive to stick to the discipline."

The mother of two says she has always been dedicated to looking good, training hard and keeping healthy. She studied Sports Science at the University of East London

but was unable to get a job in the fitness industry when she graduated.

In readiness for her competition Ms David is on a high maintenance protein diet and must drastically reduce her water intake a week before she takes to the stage in her bikini and heels.

She said: "I've been to watch a few competitions and you expect it to be bitchy but it's not like that. The competitors are very supportive and give each other advice."

Above the Rest

LOFT LADDERS

Supplied and fitted for only
£160 NO VAT TO PAY

- ★ Price includes New Hatch Door
- ★ Quality British-Made Ladders
- ★ Also Boarding, New Hatches & Lights
- ★ Local Family Business
- ★ Satisfaction Guaranteed

020 8644 3211

WINDOW REPAIRS TO DOUBLE GLAZING

- Misted/broken sealed units
- Handles for windows and doors
- Window hinges and stays
- Patio doors wheels and tracks
- All types of locks

DON'T REPLACE! REPAIR!

NO CALL OUT CHARGE

- Open 7 days a week
- Cut this leaflet out

you might need it one day

FOR FREE ESTIMATE PHONE

GOOD AS NEW

020 8641 5036

mb MY BEST SHUTTERS
FREE MEASURING & FITTING

SALE 50% OFF

mb MY BEST WINDOWS

7 DOUBLE GLAZED WINDOWS from **£1599** + VAT

020 8653 3232
Lines Open 7 Days a Week
Trade Counter & Showroom:
62 Bensham Grove, Croydon, CR7 8DB
www.mybestgroup.co.uk

Guardian

Surround your customers

Call: 0208 722 6456 to speak to a media consultant

Support for immigrants



Peace: KREC director John Azah talks in Clarence Street

MEMBERS of faith and equality groups gathered outside the Bantall Centre to emphasise the importance of hospitality and respect for immigrants in the UK.

The We Stand Together event on Monday was organised in the wake of Britain's decision to leave the EU and the reported rise in hate crime since the vote.

Last week the Metropolitan Police said hate crimes in the capital had more than doubled since June 23.

Members of All Saints Church and Kingston's Race and Equalities Council, along with councillors and residents, were brought together by Kingston Interfaith Forum.

A spokesman for the group said: "The Kingston Interfaith Forum, amongst many other organisations, has always sought to continue to build and maintain positive relationships between all the borough."

Delays after coroner calls for report into high number of prisoners dying in Wandsworth

Rapist's inquest date finally set – two years after his prison death

REPORTER

JON MITCHELL

jonathan.mitchell@london.newsquest.co.uk



his cellmate Ian Pearson, 42, who died at the prison, has been set for Monday, March 27 next year.

At a pre-inquest review at The Royal Courts of Justice last Tuesday Richards' family's representative Jude Bunting said relatives were yet to see key documentation – not linked to the coroner's investigation – including reports from the Met Police and Wandsworth Prison. He said: "There is a mounting, great frustration on my clients' behalf. We are two years since Mr Richards' death and we are still no closer to an inquest. We're not in a position to assist you any further today. We've not seen any of the reports."

Dr Wilcox acknowledged that further investigations needed to take place before the inquest, but said that she had "quite a lot of sympathy for the impatience" of Richards' family and that progress needed to be made.

The two inquests will be heard by the same jury over two weeks at the Royal



Probe: Wandsworth prison. Inset: Robert Richards

Courts of Justice.

Dr Wilcox said: "As time has gone on I've become less convinced they need to be linked, but at the same time I believe it would be good."

She added that the inquest into Mr Pearson's death in March 2014 would be heard

first to avoid "confusion".

The pensioner Richards raped was left in need of hospital treatment for injuries including a broken hip, vertebrae, jaw, ribs and a bleed on the brain in the attack at her home in October 2013.

Overcrowding, inaction

over deaths in custody, staff shortages and inadequate support for foreign nationals are problems still plaguing Wandsworth prison, according to the latest report by the prison inspectorate.

The prison, in Heathfield Road, had an unannounced inspection on July 31 last year. Investigators said there were 1,630 men in cells designed to accommodate 963 at the time, and noted problems with prisoners getting to see visitors. Nearly 300 low to medium-risk prisoners had not been assigned an offender supervisor because staff numbers were so low, they found.

The report added: "Exercise periods were unpredictable in length, and sometimes less than half an hour."

Since the inspection, Wandsworth has become one of the government's autonomous "trailblazer" prisons, meaning its governor, Ian Bickers, can now create his own policies and systems, and arrange contracts.

The Chapel Royal

Hampton Court Palace KT8 9AU

Warmly welcomes everyone who wishes to worship on Sundays according to the Book of Common Prayer.

Service during summer recess: 24th July to 4th September inclusive 8.30am: Holy Communion(Said)

There are no choral services during the summer recess

No admission fees apply for those worshipping on a Sunday and not visiting the rest of the palace.

Please enter at the Tennis Court Lane security barrier 15 minutes before the service.

www.chapelroyal.org;

chapelroyal@hrp.org.uk; 020 3166 6515



Event: RideLondon cyclists pass through Wimbledon last year

Roads to close for RideLondon

THOUSANDS of cyclists will descend once more on Surrey and south west London for the RideLondon series this weekend.

Roads will be closed for most of Sunday so people are advised to plan their travel in advance.

This year, three routes will accommodate the amateur Surrey 100, the world-class Surrey Classic and a new Surrey 46 created for newer and younger riders.

Visit kingstonguardian.co.uk for road closure details.

THUMBS Up it's
Thursday

SUMMER OF SPORT

EVERY THURSDAY FROM 28TH JULY - 1ST SEPTEMBER 12PM-4PM

the
rotunda
kingston

FREE SPORT THEMED
CHILDREN'S CRAFT ACTIVITIES

For more information please visit:

therotundakingston.co.uk rotundakingston

Service will improve under TfL control, says watchdog

REPORTER

RACHAEL BURFORD

rachael.burford@london.newsquest.co.uk

FED-UP commuters will enjoy a more reliable and properly staffed train service when Transport for London (TfL) takes over London's entire suburban rail network, according to an independent travel watchdog.

In January TfL announced plans to take over all suburban rail routes in the capital over the next five years, in a bid to replicate the success of the London Overground network.

The first route to be re-branded to be part of the Overground will be South-eastern in 2018, and Govia Thameslink Railway (GTR) will follow in 2021.

The incorporation of the South West Trains (SWT) network, which serves Kingston, is still under negotiation but the contract is likely to include a "break clause" which means it could be taken over as early as 2019.

TfL will run the expanded Overground services within the capital's borders, while the Department for Trans-

port will control commuter lines further out.

Once the routes are under TfL control passengers will be less frustrated, according to Richard Freeston-Clough of London Travel Watch.

He said: "In general we feel that the London Overground has been a great success and passengers across London should be able to enjoy the same service as the Overground."

"That means services that are cleaner, better, more reliable and properly staffed."

The service provided by GTR, which runs Southern, Thameslink and Great Northern, has been branded an "embarrassment to our city" by London Mayor Sadiq Khan and was ranked the worst in the country in a recent passenger satisfaction survey.

Just 69 per cent of passengers said they were satisfied with the company's overall service, according to Transport Focus research published in June.

Last month a SWT spokeswoman claimed a survey had shown 81 per cent of passengers were satisfied with the service.



Under fire: Southern

But punctuality and overcrowding were still major concerns for passengers.

Network Rail figures revealed the 8:31am Surbiton to Waterloo service was late every day for the last three months of 2015.

Mr Freeston-Clough said: "Most passengers will say they want services to improve and they are not too bothered how it is done, they just want a better service."

Since TfL took over inner London Silverlink rail routes in 2007 the network has seen a six-fold increase in passenger numbers and consistently high passenger satisfaction ratings.

Mr Khan said of Southern Rail: "There is no doubt that the franchise must now be in default. I now offer to go one step further and put my senior TfL team in charge of the GTR Southern franchise until we get a permanent resolution."

At the beginning of July, GTR Southern launched an "emergency timetable" and cancelled 341 trains a day to combat chronic lateness and staffing issues.

The company has been embroiled in a long-running dispute with the RMT union over the future of conductor roles, which it maintains is the reason for consistent lateness and cancelled trains.

Just 66 per cent of its trains arrived on time in the third quarter of 2016, significantly worse than every other operator.

In April 10 MPs, including Kingston's James Berry, wrote to the Rail Executive



Complaints: Commuters packed in at Surbiton station

to complain about South West Trains.

They said: "Suburban commuters often have little choice but to take the train and pay significant sums for peak time tickets, yet finding a seat is often impossible and oppressive overcrowding has become the norm."

"On some branches trains almost never arrive on time, which is unacceptable. Any delay or alteration to normal services, particularly at peak times, has an immediate effect due to high passenger volumes."

Chris Philp, Conservative MP for Croydon South, is one of several MPs to lead

calls for GTA to lose its franchise before 2021.

He said: "TfL has done a good job running the underground network and the London Overground lines so I think there is every reason to hope for an improvement. It couldn't get any worse."

A Department for Transport spokesman said: "The current situation with Southern is unacceptable and passengers deserve a far better service."

"We have been clear that the real solution is for the RMT to bring this dispute to a close and end the high levels of sickness absence amongst its members."

Irrefutable  HEALTH

The holistic approach to improving your health

Optimal health
We provide a personalised approach to treating an individual, with a full suite of services including **chiropractic, Functional medicine, nutritional therapy, podiatry, acupuncture and clinical Psychoneuroimmunology (cPNI)**

Experienced practitioners
Our expert team will help you to take full control of your health, supported by state-of-the-art software that maps your health journey - all completely accessible by you

Cutting edge services
Partnering with Europe's leading diagnostic labs to bring you advanced testing services, including hormone and genetics. Plus a free 'walk-in' service for body metrics

OUR CHIROPRACTIC SERVICE IS NOW OPEN FOR BOOKINGS
Advance bookings for Podiatry, Functional Medicine, cPNI, Massage and Acupuncture available

 **facebook/irrefutable-health**
@ir_health

FREE CONSULTATION

Please complete and present this form when you book or attend your appointment

Name Email

ONE VOUCHER PER PERSON. OFFER VALID UNTIL 30 SEPTEMBER 2016. KGAUG16

ADDRESS 16 The Triangle, Norbiton, Kingston-Upon-Thames, Surrey KT1 3RT
TEL 020 3034 0340 WEB irrefutablehealth.co.uk EMAIL info@irrefutablehealth.co.uk

Experience the difference at your new local...

THE **WILLOW**

NOW OPEN!



Welcome to your new local and independent bar and restaurant.

Our wholesome menu caters for healthy living - including free-from, Paleo and Vegan dishes - never compromising on taste. Try our amazing range of real ales, ciders and infused spirits. Or if you just fancy a cup of the best coffee or tea in the neighbourhood, pop in!

@your_willow **facebook/yourwillow**

10% OFF AT THE WILLOW

Please complete and present this form when you order your meal

Name Email

ONE VOUCHER PER PERSON. OFFER VALID UNTIL 30 SEPTEMBER 2016. KGAUG16

ADDRESS 16 The Triangle, Norbiton, Kingston-Upon-Thames, Surrey KT1 3RT
TEL 020 3034 2424 WEB yourwillow.co.uk EMAIL info@yourwillow.co.uk

Your Local

Guardian

Reader Offer

Newmarket Holidays

£50

Low deposits

Book by 31st August

Sardinia & Corsica

8 days from £969 Flying direct from London Gatwick, 20, 27 May, 4, 11, 17, 24 Jun, 1 Jul, 2, 9, 16, 23, 30 Sept & 7 Oct 2017

Two of the Mediterranean's most captivating islands, one Italian, one French, both blessed with blue skies, warm waters and natural beauty.

Tour highlights

✓ Tour the glitzy 'playground paradise' of the sparkling Costa Smeralda

✓ Discover ancient Alghero and its offshore 'sleeping giant' Capo Caccia

✓ Discover Corsica's exquisite hilltop Bonifacio

✓ A guided tour brings Ajaccio to life

✓ See the amazing rock formations of the Calanches de Piana

✓ Visit idyllic sea-side Porto

✓ Fully escorted by a friendly, experienced tour manager

✓ Seven nights' half-board touring hotel accommodation, return flights and transfers

Call 0330 160 7724

QUOTE NQL

These holidays are organised & operated by Newmarket Air Holidays Ltd. ABTA V7812. ATOL protected 2325. Subject to availability. Single supplements apply. Standard phone charges.

Visit www.newmarket.travel/nql11748

Wheelchair user cannot get to work due to broken elevator

Disabled doctor's plea over train station lifts

REPORTER

REBECCA TAYLOR

rebecca.taylor@london.newsquest.co.uk

Stranded: Hannah Barham-Brown

A NEWLY qualified doctor fears she will be late for her first day at Kingston Hospital because one of the lifts at Earlsfield station has been in and out of service for the last four weeks.

Hannah Barham-Brown, 28, has Ehlers-Danlos syndrome, meaning her joints can dislocate easily and some days, she relies on her wheelchair to get around.

She will travel from Godley Road, in Earlsfield, when she begins work next Monday but says she cannot be sure she will be able to make it on time for her shifts.

She said the problems with the station lift first started about four weeks ago and have returned intermittently.

Dr Barham-Brown said: "It is broken, they fix it, then it breaks again and you never know when you turn up whether it will be working or not."

"They have asked me to give them 24 hours' notice to travel to the station but as a doctor I have

there too.

She has even arrived at Earlsfield station alone late at night to find herself stranded on the platform.

She said: "If I'm stranded they will ask me to go to Wimbledon and get a cab, but when you're disabled you are quite vulnerable so it is scary."

The junior doctor faced problems with the station throughout her training as she travelled back and forth to central London and to visit family in Newcastle.

A South West Trains spokesman said: "One of the two lifts at Earlsfield station is currently experiencing intermittent problems and we are working with Network Rail to get the issues rectified as soon as possible."

"The lift on platform three is working as normal, but any passengers with accessibility problems needing to use the lift on platform one and two are being advised either to travel through to Clapham Junction, which is just three minutes away and the quickest alternative, or alternatively we can arrange a taxi."

"We are sorry for the problems this is causing our customers."

Jack's

KITCHEN

Come and celebrate the opening of Jack's Kitchen, your local Bar & Brasserie. Bringing modern cuisine of the world to your palate, along with delectable cocktails and up-market weekend brunches and quintessential afternoon tea in a relaxed atmosphere.

Try our handpicked whiskeys of the world along with carefully paired wines to go with scrumptious dishes, like rested Porterhouse Steak and Lobster.

2 COURSE £14.99

3 COURSE £19.99

Chef's seasonal menu with a glass of Prosecco

HAPPY HOUR

Buy one, get one free

Available Mon-Fri 12pm to 7pm

Based on selected house drinks

25% OFF

A la Carte and Brunch Menu

inclusive of glass of wine or Prosecco

JACK'S KITCHEN, HOLIDAY INN KINGSTON, PORTSMOUTH RD, SURBITON, SURREY, KT6 5QQ

Complimentary parking

PLEASE QUOTE 'KINGSTON GUARDIAN' WHEN CALLING 020 8786 6520 OR EMAIL info@jackskitchenuk.com

www.jackskitchenuk.com

Jackskitchen_Kingston

@JacksKingston

Jack's Kitchen

Surge in calls to people feeling dizzy, and to barbecue fires



Be safe while enjoying the weather: Barbora Lewis and Elena Oakley soak up the sun

999 under pressure as temperatures heat up

REPORTER

REBECCA TAYLOR

rebecca.taylor@london.newsquest.co.uk



WITH the hottest day of the year recorded last week, London Ambulance Service (LAS) and London Fire Brigade (LFB) have reminded sunseekers to take extra care in the hot weather.

Temperatures soared to 33C on Tuesday, and paramedics attended 300 more category A calls than average on just one day.

With temperatures cooler but still peaking at about 28C at the weekend, the city's emergency

services have issued advice and guidance.

The LAS has said hot weather is causing an increase in calls to those feeling dizzy or sick in the capital.

Medical director Dr Fenella Wrigley said: "Older people, the very young and people with pre-existing conditions are more at risk so please check on friends, family members and neighbours who are vulnerable."

Firefighters also warned barbecue chefs to take care while flipping burgers to prevent fires.

Last year, the brigade was called out to 61 such fires, up

from the previous summer.

Head of community safety Chris O'Connor said: "All too often barbecues are left unattended or placed too close to flammable items like sheds, trees or fences."

"Even small disposable barbecues can cause considerable damage if you don't keep a close eye on them."

"It's really important to make sure they're completely out. It seems crazy we need to tell people not to use barbecues on balconies or indoors, but we do."

LFB advised keeping a bucket of sand or a hose nearby in case the flames get too high.

Funding plea for Iraq lawsuit

THE father of a Walton serviceman who was killed in Iraq has set up a crowdfunding appeal to take legal action against state officials, including former prime minister Tony Blair, for their part in the Iraq war.

Matthew Bacon was killed in September 2005 when a roadside bomb hit the Land Rover he was travelling in while in Basrah City.

His father Roger was a central figure in criticism from forces families following the release of the Chilcot Inquiry report.

The appeal for £150,000 on crowdjustice.co.uk says "those responsible should be held to account" for the deaths of the 179 servicemen and women killed.

Mr Bacon, along with Reg Keys,



Matthew and Roger Bacon

the father of Tom Keys, wrote on the website: "Our armed forces must never again be so callously sacrificed by political ambition and the irresponsibility and failings of government and Whitehall."

"We cannot go any further without your help."

Home fears reassured

KINGSTON Council has reassured tenants of a Norbiton council estate that it will "explore options" for rehoming residents once it is razed and rebuilt.

Tenants had raised concerns that a draft document that sets out the council's regeneration policy failed to guarantee residents would be rehomed if displaced.

The Cambridge Road estate is set to increase in size from 922 to 1,699 homes.

Jill Preston, of the Cambridge Road Estate Community Group, said: "Those people have been here 30 or 40 years, they don't want to be told they're coming back to a one-bedroom flat."

Kingston Council announced it would regenerate the estate last June.

A Kingston Council spokesman said: "We will work closely with our residents to explore options that will enable those who want to stay on the estate to remain there post-regeneration, either in their existing home, a refurbished property or a new property."

"We don't yet know who may need to move as this will depend on the preferred option, but it is unlikely that anyone will need to move for several years."

MP backs Trident renewal

KINGSTON MP James Berry has said Trident is "essential to the nation's security" after he voted to renew the nuclear weapons system. MPs approved replacing the UK's nuclear warhead-carrying submarines by 472 votes to 117 last week.

The Vanguard ballistic missile submarines, which carry Britain's 225 nuclear warheads and rotate on continuous secret deployments, will now be replaced by four Successor-class boats at

an estimated cost of £31 billion.

Mr Berry said: "In an uncertain world where unstable regimes possess or are seeking to develop nuclear weapons, our nuclear deterrent is essential to the nation's security and that of our NATO allies."

"This is no time for the UK to disarm unilaterally, and once unilateral disarmament has been ruled out, there is no point in the UK having anything other than an effective nuclear deterrent."

Awarded best Curry house in Surbiton by local readers

FULLY AIR CONDITIONED

FREE HOME DELIVERY FOR ORDERS OVER £15

prithi
CONTEMPORARY BANGLADESHI
AND INDIAN CUISINE

Open all
Bank Holidays except
Christmas day

The Affiliation of
Master Chefs
PLATINUM 5 STAR AWARD WINNERS

BANQUET NIGHT

EVERY WEDNESDAY ONLY £11.95

Create your own 4 course meal from our menu:

• Starter • Main Dish • Side Dish • Rice or Naan • Coffee

*Some Dishes £2.00 Extra

EARLY NIGHT SPECIAL
SUN, MON & TUES
6.00PM - 7.30PM
CREATE YOUR OWN
4 COURSE MEAL
FROM OUR MENU ONLY
£10.95
• Please note King Prawn and Fish
£2 Extra

Cash Payment only

Newly
Refurbished
inside
Come and
check it out

New dishes now available

TO AVOID DISAPPOINTMENT PLEASE CALL TO BOOK

020 8399 0030 / 020 8399 3904

www.prithicuisine.co.uk / 285 Ewell Road, Surbiton

1 SOFT DRINK FREE WITH

EVERY DELIVERY OVER

£20 ON REQUEST

PRUDENTIAL
RIDELONDON

Get ready
for Prudential
RideLondon
30-31 July



The world's greatest festival of cycling

Roads and bridges will be affected across Surrey and London. Plan ahead and know your travel options.

Visit prudentialridelondon.co.uk

MAYOR OF LONDON

Surrey

TRANSPORT
FOR LONDON

LONDON
& PARTNERS



Give your advertising an unfair advantage. Run some press ads.

The effectiveness consultancy Benchmarking have analysed what happens when companies include press advertising in their media mix.

They looked at 500 econometric models, across a five-year period and discovered that adding newspapers dramatically increases the return on investment of other media.

Over half were service companies who saw the effectiveness of their TV advertising double, ROI of their overall campaigns treble and their online digital display enjoy a four-fold increase.

Individual categories also saw impressive results.

Automotive campaigns clocked a 70% increase. In travel, effectiveness trebled. In retail it leapt by 2.8 times. And most remarkable of all, in the financial category, Benchmarking uncovered an increase of 5.7 times.

So, whatever business you are in, you should be in the newspapers.

newsworks.org.uk/effectiveness

One Call Does it all this
Summer



SUMMER SAVING ON ALL WORCESTER GREENSTAR BOILERS £100 - £200 OFF

Please contact us for your Free Estimate
(Subject to Survey- offer ends 31st August 2016)

- ALL GENERAL PLUMBING
- FULLY QUALIFIED ENGINEERS
- BOILER INSTALLATION
- BOILER REPAIR/SERVICING
- POWER FLUSHING
- MEGAFLOWS
- RADIATORS
- LANDLORD CERTS
- GAS FIRES
- SOLAR/COMMERCIAL
- FREE ESTIMATES
- ALL WORK GUARANTEED
- CARPENTRY
- FRIENDLY & RELIABLE



8
YEAR

WARRANTY



**Accredited Installers for
Worcester Bosch Group**
All Worcester Greenstar Boilers
fitted with a Worcester Systems Filter
come with a 8 Year Warranty



Putney Plumbers Ltd

Unit 3 The Mews, Putney Common, London, SW15 1HL

Tel: 020 8789 0999

Email: putneyplumbers@btconnect.com

www.putneyplumbers.com



YOUR SAY

EMAIL: letters@kingstonguardian.co.uk
POST: Kingston Guardian, Floor 10, Quadrant House,
 The Quadrant, Sutton SM2 5AS
 (Please include your name and address.)
ONLINE: All your letters in full online at
kingstonguardian.co.uk/yoursay
 Letters may be edited for space, clarity and legal reasons

ONLINE OPINION

Comment on stories at
kingstonguardian.co.uk

Sadiq Khan plans to send in senior TfL team to sort out Southern Rail

Prior to the "sinkhole" at Forest Hill, the ongoing delays and cancellations were due to staff sickness, which resulted in some commuters being sacked from their jobs for lateness!

ELLYFANT

South West Trains [have] been hiding behind Southern's failure as their own service gets worse and worse. Today was the third day in a row of delays, but as trains were running 20 minutes late (compared to an hour yesterday), this was referred to as a 'good service' on their website.

DB



Like us

facebook.com/
kingstonguardian



Follow us

@kingstonguardian



Read us

kingstonguardian
.co.uk



Tell us

kingstonguardian.
co.uk/yoursay

ipso.

Complaints
Who to contact

Kingston Guardian adheres to the Editors' Code of Practice (which you can find at ipso.co.uk). We are regulated by the Independent Press Standards Organisation (IPSO). Complaints about stories should be referred firstly to the editor by email at: newsdesk@kingstonguardian.co.uk or by post at Kingston Guardian Complaints, Floor 10, Quadrant House, The Quadrant, Sutton SM2 5AS.

It is essential your email or letter is headed "Complaint" in the subject line and contains the following information:

- Your name, email address, postal address and daytime telephone number.
- The newspaper title or website, preferably a copy of the story or at least the date, page number or website address of the article and any headline.
- A full explanation of your complaint by reference to the Editors' Code.

If you do not provide any of the information above this may delay or prevent us dealing with your complaint. Your personal details will only be used for administration purposes.

If we cannot reach a resolution between us then you can contact IPSO by email at complaints@ipso.co.uk or by post at IPSO, c/o Halton House, 20-23 Holborn, London EC1N 2JD.

If complaining about third party comments on our website articles, you should use the 'report this post' function online next to the comment.

Do the sums

IN ANSWER to Sheila Ennis' letter (Your Say, July 14). Does she not think that 'Remain' got less than a third of the vote, which means over two thirds didn't vote to remain?

ROY REES
Chessington

Just vote

SHEILA Ennis appears not to understand the voting system (Your Say, July 14).

Not being a politician I will write in plain English. In any vote for any proposition or subject, if two people vote 'Yes', one person votes 'No' and 10 people are too lazy to vote, then the 'Yes' vote wins.

If the Yes voters made the wrong decision they can be blamed for any consequences.

The No voter can then say: 'I told you so'.

The non-voters have no say in the matter.

In future, on any matters that require a vote, mainly elections, get out and vote.

I don't care for who or what.

Just do it and stop moaning about the results.

DAVE HIRST
Chessington

No deterrent

THE budget to run our NHS needs to be about £120bn. We can't find that much money. The budget for the Trident programme is about £35bn; more than enough to secure the NHS.

We have decided that £35bn

is a worthwhile investment to secure for us a deterrent.

A deterrent works if it is a potent threat.

Does anybody believe that this is a weapon that the UK wields independently of the US? If not, what does it add as a threat to what the US is threatening already?

A deterrent works to prevent a war in which it would be a potent weapon.

Would nuclear warheads fired from the oceans have played a part in the wars in Iraq or Afghanistan; in fighting ISIS on the beach in Tripoli; in Kosovo; against terrorists in Paris or Baghdad; in any conflicts we have experienced at any time

recently, or that we expect?

Every single large project the Government has conducted has gone wrong. If this one goes wrong, no-one will believe in its effectiveness. Are we certain this one will run perfectly, with the eyes of the world, including our enemies, on it?

A deterrent works if the people building it know what they are doing.

We got rid of almost all of our military nuclear technicians a generation ago. All we are left with are BAe and Rolls-Royce who have never built anything like this.

A deterrent works in a situation for which we know it can be a response.

This project will deliver in 25-30 years. Are we confident that we can predict what Britain's role in the world will look like then? That this decision will still be relevant?

Doubt on every side. Yet we are willing to risk this vast sum on a project that in any other sphere would be rejected as impossible and expensive.

It is astonishing what our politicians will do to pursue the delusion of global influence. With money that they won't spend to ensure our health – even though the latter would create just as many jobs, and more useful ones.

BOB PHILLIPS
Tolworth



Jenny Tarbutt took this photo of a coot on a tyre near Kingston riverside. To see your photo in Borough View e-mail it, along with details of where you took it, to rachael.burford@london.newsquest.co.uk

May must help those in care

THE new prime minister, Theresa May, must build on David Cameron's legacy and make sure there is comprehensive support available for young people who have grown up in care in London.

Barnardo's often acts as a first port of call for care leavers and other young people who don't have parents to rely upon, providing emotional support and help finding a home and a job.

Many of the young people we support across the capital have no social network to fall back on.

Many care leavers have a disrupted education when multiple care placements mean months of lessons are missed or a young person changes schools at a crucial time.

Just 14 per cent of care leavers achieve five or more A* to C GCSEs compared with 65 per

cent of their peers.

Some 40 per cent of care leavers are not in employment, education or training compared to only 14 per cent of 19 to 24-year-olds, and just six per cent of care leavers go into higher education compared to 25 per cent of their peers. Young people who've grown up in care can go on to do amazing things, but they don't always have someone to nurture

and develop them.

Theresa May can show she means business by making the Keep on Caring strategy, which aims to improve the life chances of care leavers, become a reality.

In her own words, she must make sure the country and our capital work for everyone, not just the privileged few.

LYNN GRADWELL
Barnardo's London

Oh deer! Dodgy car damage still cheaper than university

Editor Andrew Parkes has a number of thoughts every week, here are just five of them

5 THOUGHTS OF THE WEEK...

1. Two weeks by a pool in northern Cyprus where the only concern was whether each beer was cooled to exactly the right temperature. The Cypriots might not be perfect, they drop litter everywhere, but we can definitely learn a thing or two from them. National service works like a dream – it's no coincidence they don't have serious drug problems or the levels of gang violence and sexual assaults experienced elsewhere.

2. I heard about an insurance claim this week where a woman claimed £6,000 after a herd of cows licked the paint off her car, tough one to explain. I sympathise, though,

as it reminded me of the time I test drove a Maserati, and a Volvo travelling in the other direction ploughed into a hefty stag. I was only showered with the various bits, but it was still tough explaining the amount of damage deer parts can do when forcibly thrown into the front of a sports car.

3. This week my son heard he had secured an apprenticeship. He could have chosen to go to one of four universities, assuming he gets the required grades. I think it's telling that he's avoided this option. Let's be honest,

university degrees are now ten-a-penny, whilst the fees certainly aren't pennies. Mark my words, more and more sensible youngsters are going to shun standard university courses in favour of more cost-effective options.

4. Smokers at the local boozer clearly have no idea when it comes to tennis, they predicted Andy Murray would crash and burn. I eagerly await the next stub question. Will Man Utd win the Premier League? Or perhaps they should persevere and stick with Andy. You can't help but admire



the talent. Personally I'm tipping him for two more grand slam victories in the next 12 months. Djokovic who?

5. Last, but by no means least, thanks to all who wrote to praise my deputy's thoughts while I was away – Nick did a sterling job. Apologies to Christina Augood for my return, though I'm not sure all my thoughts are "petty and mean spirited", are they?

Send in your 5THOUGHTS by email to aparkes@london.newsquest.co.uk Send on Twitter to @parkestheditor Send through Facebook to facebook.com/newsshopper Or post to us at 5THOUGHTS, News Shopper, Quadrant House, The Quadrant, Sutton, Surrey SM2 5AS



MOT Your Fuseboard for Free!



Old fuse boxes are inevitably accompanied by old wiring. Neither are designed for modern living and age plus the loading with an increasing number of appliances makes the older systems much less safe than present day installations.

A quick fix to some of the problem is by installing a new fuse box. These boxes are very sensitive and will trip out in .04 of a second, fast enough to prevent electrocution and shut down a circuit before anything serious happens.

Government statistics show that electrical faults cause more than 20,000 fires every year which is nearly half of all accidental house fires. Approximately 70 people are killed every year due to electrical incidents while 350,000 are injured through electrical accidents.

We'll give your fuseboard a free MOT for peace of mind!

**We solve electrical problems - fast!
Our electricians can be on your doorstep
in under 1 hour.**



**HEATING • PLUMBING • BATHROOMS • DRAINS
ELECTRICS • APPLIANCES • CARPENTRY
ROOFING • BUILDING**
more than just plumbers

*'Keeping your home working
- All day & every day'*



0207928 8888 www.pimlicoplumbers.com

Your 24 Hour Complete Service Company

Summer Sale on Garden Furniture, BBQ's & Sheds!

Court Farm Garden Centre

(Just off the A3 at Tolworth on the A240)

SALE SALE SALE SALE SALE SALE SALE SALE SALE



Katie Blake Panama

includes coffee table and stools (choice of colours)

rrp £2120 **now £1299**



Rockwood Cushion Box

rrp 169.99

now £119.99



Katie Blake Sandringham

Large Woven Cushion Boxes

Grey or bronze rrp £320

now £240



Hartman Berkeley 6 Seater Set

Cast aluminium table with
parasol & base **now £649**



Regency Hexagonal Gazebo

rrp £379

now £149



**Great
SALE Offers
on Lawn
Mowers &
Garden
Machinery**



Alexander Rose Portofino Lite Striped

Sunlounger rrp £225 **now £149**

each or 2 for £250



Alexander Rose Navy blue Seat pads

rrp £17.99

only £3 each or 4 for £10



London cube set

All weather resin-weave

11 piece set rrp £1299 **now £949**

9 piece set rrp £999 **now £649**

Court Farm Garden Centre

Old Kingston Road, Worcester Park, Surrey KT4 7QH

0208 337 3513

**OPEN 7 DAYS
A WEEK**

www.reigategardencentre.co.uk



OPEN DAY

Join Antonio Conte and the First Team for a morning of fun at Stamford Bridge!

WEDNESDAY 10 AUGUST

9:00^{AM} - 12:30^{PM}

- SEE THE FIRST TEAM PUT THROUGH THEIR PACES
- WATCH THE CHELSEA LADIES TRAIN
- SPECIAL Q&A WITH CONTE
- GIVEAWAYS
- INTERACTIVE GAMES



TICKETS JUST £3

with proceeds going to the Chelsea FC Foundation

chelseafc.com/openday

====WISE BEDROOM CENTRE====

£300,000

MEGA CLOSING DOWN FOREVER SALE

ALL SHOP FLOOR MODELS SHOWN BELOW TO CLEAR AT UNBEATABLE PRICES.

BEDS, BED FRAMES, MATTRESS'S, HEADBOARDS, PILLOWS, TOPPERS & A SMALL AMOUNT OF FURNITURE MUST GO IN OUR £300,000 MEGA SALE. WAREHOUSE STOCK TO CLEAR. EVERYTHING MUST GO.

SALE NOW ON

MYERS 4' 6" Solar Support 2 Drw Divan Was £599 Sale £499 Now £299	SHAKER 3' Wooden Bed Frame Was £279 Sale £219 Now £149	ASCOT 3' 2 Drw Divan Was £199 Sale £129 Now £79
BENTLEY KRYSTAL 4'6" Bed Frame in Ant. Brass Was £649 Sale £499 Now £289	RELYON 2 in1 Storabed in White RRP £1099 Sale £599 Now £499	MYERS 3' My De Luxe Backcare 2 Drw Divan Was £599 Sale £389 Now £299
DUNLOPILLO 4'6" Millenium Divan Set RRP £2499 Sale £1749 Now £1199	SLEEPEEZEE 4' Ortho Supreme 2 Drw Divan Was £599 Sale £429 Now £299	ORIGINAL BEDSTEAD CO. 4'6" Milano Silver Metal bed Frame Was £399 Sale £299 Now £199
RELYON 5' Newlyn Backcare 2 Drw Divan RRP £859 Sale £759 Now £529	KAYMED 5' V85 Elation 4 Drw Divan RRP £1799 Sale £1299 Now £1049	SLEEPEEZEE 4'6" Backcare 1400 2 Drw Divan Was £729 Sale £579 Now £379
MYERS 4'6" My Xtra Comfi 2 Drw Divan Was £699 Sale £599 Now £399	VIENNA 4'6" Ottoman Bedframe in Faux Leather Was £299 Sale £199 Now £149	SLEEPEEZEE 4'6" Backcare 1400 2 Drw Divan Was £729 Sale £579 Now £379

WISE BEDS, 57-59 CENTRAL ROAD, WORCESTER PARK, SURREY KT4 8EB

TEL NO. 0208 337 7007 | WWW.WISEBEDROOMS.CO.UK

ADVERTISEMENT

I was terrified of back surgery... But ProBack Clinics changed my life!

By **KERRYNN RAMM**



Gabrielwa Dempsey

In early 2015, Gabrielwa Dempsey's life took a turn for the worst when she fell down the stairs, leaving her back in daily, agonising pain. At just 19 years old, the international law student from Essex realised something was seriously wrong while attending her usual class, only to be unable to sit down without perching on the edge of her seat.

Due to Gabrielwa's age, her injury was mistaken for muscle spasms, for which she was given various different pain medication in an attempt to get her pain under control. "I was having to take strong painkillers every day, but nothing was enough to control the pain – it literally prevented me from doing everything. I didn't want to walk, even lying down was painful."

When this became simply too much, her doctors agreed to send her for an MRI where the full extent of her condition was discovered. With one herniated disc and another slightly bulged, they offered her the choice between back surgery, injections or physiotherapy. "I did three sessions of physio but after each session I was in more and more pain. It got so bad I tried injections, I was even hospitalised and put on gas and air!"

As a student, she was unable to finish her second year of university and had to defer her examinations until this year as the daily intake of pain killers left her memory too fuzzy to enable her to concentrate. Sadly, Gabrielwa's case is not unique as more than 31 million days of work were lost in 2013

due to back, neck and muscle problems [Office for National Statistics]. This makes spinal issues more prevalent than the common cold, which accounted for around 27 million days off work.

In October 2015, back surgery seemed to be Gabrielwa's only option and the date was set for new year's eve. "I never thought I was going to get better, I couldn't go out at all as nothing was worth the pain of getting dressed." It was then she discovered

"Before I found ProBack, I had pain for about nine months, my muscles had seized up so much that nothing helped. So when I began the shockwave treatment and it started helping to break down the scar tissue, I realised how much quicker I was getting better. I'm so grateful to be out of pain, which has had such a positive impact on my life. I've got so much energy now and I'm looking forward to the future again."



Gabrielwa Dempsey on the spinal decompression machine

ProBack Clinic. Under the supervision of Dr Christian Allard, doctor of chiropractic, they have treated over 10,000 of the most challenging cases of back pain in the last nine years. They currently use an ever expanding array of cutting edge technologies to attain outstanding results in even the most challenging cases. "It is the

combination of our advanced technologies that often gives us the best results" says Dr David Brown, chiropractor & Clinic Director at ProBack Clinic Surbiton.

ProBack Clinics gave Gabrielwa an initial course of shockwave sessions – an application of radial shockwave therapy which reduces muscle spasms and decreases stiffness to

joints by improving movement. Shockwave is particularly useful in the reduction of back and neck pain and has been shown to increase tissue blood flow, oxygenation and encourage tissue healing.

"Within one week there was a significant difference in the amount of pain, I could move my legs a lot easier. When they introduced decompression therapy my results just got better and better each time – it was amazing!" For those suffering with the symptoms of slipped and bulging discs, spinal decompression therapy provides an excellent, non-surgical approach to relief. Although research on spinal decompression goes back 35 years, the latest research shows improvement in up to 88.9% of cases. Using a dynamic traction, spinal decompression is effective in both chronic neck and back pain sufferers.

PROBACK CLINICS

ProBack Clinics Surbiton

28 Claremont Rd, Surbiton Surrey KT6 4RF

ProBack Clinics Victoria

Flat 4, Evelyn Mansions, Carlisle Place SW1P 1NH

Call our friendly, highly trained team for an examination to see if you are eligible for this life changing treatment.

Please note that this offer does not include any treatment

LIMITED TIME OFFER
EXAMINATION NOW ONLY £60
 REGULAR PRICE £220
 PAYMENT REQUIRED ON BOOKING – OFFER DOES NOT INCLUDE TREATMENT

CALL TODAY
 TO BOOK YOUR FULL EXAMINATION & X-RAY IF REQUIRED

PROBACK CLINICS

Get relief from BACK PAIN

Do you suffer from

- ▶ Chronic Low Back Pain
- ▶ Chronic Neck Pain
- ▶ Sciatica (Leg Pain)
- ▶ Herniated and Bulging Discs
- ▶ Joint Pain (osteoarthritis)
- ▶ Neuropathy
- ▶ Fatigue syndrome
- ▶ Degenerative Discs

The ProBack protocol aims to **TARGET YOUR PAIN** effectively treating your symptoms without drugs, injections or surgery

CALL TODAY

PROBACK SURBITON 020 8335 5445
PROBACK VICTORIA 020 7976 6648

Valid from Thursday 28th July to Thursday 4th August 2016 QUOTE KING - PB5

If you have any questions please do not hesitate to contact us and speak to our friendly team at the Surbiton clinic today or visit our website for more details. www.probackclinics.co.uk

Searching for the elusive Yeti?

Whoever you are, and whatever vehicle you're looking for, why not cast your eye over Exchange & Mart first?

As the UK's longest established car-buying specialists, we have an unrivalled presence across the UK - in

all your local areas - so there's more chance of finding just what you're looking for much closer to home.

Check us out today, and see just how easy finding the right car for your lifestyle can be.

www.exchangeandmart.co.uk

Your next car is closer than you think

DID YOU KNOW, WE HAVE A MASSIVE MONTHLY ON-LINE AUDIENCE?

TO DISCUSS HOW WE CAN CONNECT THIS AUDIENCE TO YOUR BUSINESS CALL US NOW ON:

020 8722 6436

www.kingstonguardian.co.uk

Your Local Guardian

RAIL TRAVEL FROM YOUR LOCAL AREA FOR £20

SAVE £25 LIMITED TIME ONLY

Highlights of Paris & the Christmas Markets

4 days NOW from £274, 2 Dec 2016

Iconic sights and festive magic.

Price Includes

- Return Eurostar from London to Paris
- Coach transfers throughout
- Three nights' bed and breakfast in Paris
- Coach sightseeing tour of Paris
- Visit to Versailles
- Visit to Montmartre
- Services of our Tour Manager

Reader Offers

RAIL TRAVEL FROM YOUR LOCAL AREA FOR £20

PRICES GUARANTEED BOOK NOW!

SAVE £50 LIMITED TIME ONLY

Christmas in Bruges - by Eurostar

5 days NOW from £509, 23 Dec 2016

Price Includes

- Return Eurostar from London to Lille
- Four nights' half board accommodation in the centre of Bruges
- Christmas dinner on the evening of Christmas Day
- Walking tour of Bruges
- Entrance to the Ice Palace
- Visit to Ypres, Tyne Cot Cemetery & a Bruges chocolate shop
- Services of our Tour Manager

Call 0330 134 4144

QUOTE GG

 Visit www.diamondrailholidays.co.uk

Operated by Diamond Rail Holidays. Prices are per person & based on two people sharing. Single supplement applies.

ABTA No W0552

EUROTILES & BATHROOMS

Bathroom suites & furniture

Huge range of tiles and mosaics | Free parking outside store

We specialise in an extensive range of bathroom suites and accessories
Stunning Displays ■ 1000's of styles in stock ■ Trade and Public Welcome ■ Easy Parking

Eurotiles & Bathrooms Twickenham
Unit 2c Twickenham Industrial Estate, Rugby Road, Twickenham, Middlesex TW1 1DG
Tel: 020 8744 0088 **email:** twickenham@eurotilesandbathrooms.com
website: www.eurotilesandbathrooms.com

Trade Counter Opening Times: Monday to Friday 7.30am – 5.00 pm
Saturday 9:00 am – 4:00 pm (subject to Rugby), Sunday 10:00 am – 3:00 pm

Free local delivery
Terms and Conditions apply



JOSIE LONG

THIS WEEK'S REASONS TO GO OUT

THEATRE – **Plundered!** At The Cryer, Carshalton, at 11am and 2pm on Saturday: Teleported from their school trip to the Maritime Museum, Maggie and Roy find themselves in a swashbuckling adventure to clean up a tropical island trashed by pirate Blackbeard and find his legendary treasure. Tickets £10 or £6. Recommended for primary school aged children. Go to suttontheatres.co.uk

COMEDY – **Edinburg Comedy Previews** at Battersea Arts Centre until Saturday: The Arts Centre is bursting with established and up-and-coming acts warming up for the Fringe, including Josie Long, Sam Simmons

(both Friday), Andy Zaltzman and Tony Law. Go to bac.org.uk

THEATRE – **Chitty Chitty Bang Bang** at New Wimbledon Theatre until Saturday: Any Dream Will Do winner Lee Mead and Carrie Hope Fletcher lead the cast of the hit musical featuring an eccentric inventor, a flying car and a terrifying child catcher. Tickets cost from £20.40. Go to atgickets.com/Wimbledon

MUSIC – **Countermeasure** at Matthew's Yard, Croydon, on Saturday: The 14-strong Canadian a cappella group warm up for their debut at the Edinburgh Fringe. Tickets cost £10. Go to matthewsyard.com

ART – **Art in Crisis** Croydon's Presence around the town centre until July 31: Charity Crisis Sky-light Croydon has teamed up with Rise Gallery on a project where its clients have created a series of stand-alone structures in the town centre to host a temporary exhibition. After the exhibition, the structures will be donated to the Calais jungle migrant camp to provide shelter.

What's on



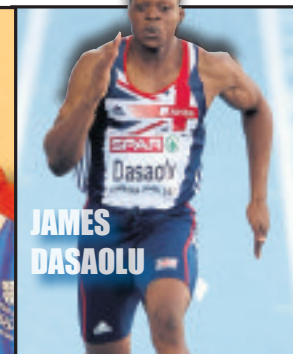
HARRY AIKINES-ARYEETAY



JOSHUA BUATSI



MOE SBIHI



JAMES DASAOLU

GOING FOR GOLD



DINA ASHER-SMITH



HOLLIE WEBB, GEORGIE TWIGG, and GISELLE ANSLEY



KAT COPELAND and CHARLOTTE TAYLOR



JOANNA ROWSELL SHAND

As south London's best athlete's prepare for the Rio Olympics, we look at the clubs where they learned their trade...

ROWING: Not surprisingly, given that one of the world's most famous rivers runs through our fair city, south London has produced some top class rowers.

Mark Aldred, making his Olympic debut racing in the lightweight four, and Jess Eddie, heading into her third Olympic Games, both ply their trade at the 160-year-old London Rowing Club in Putney. Go to londonrc.org.uk

Charlotte Taylor only took up rowing in 2010 to meet friends when she moved to London. The Putney Town Rowing Club member is now set to represent Team GB in the lightweight double scull with Kat Copeland in Rio.

Putney Town's Learn 2 Row scheme also taught Twicken-

ham's medal prospect John Collins – now based in Henley – how to row. Go to putneytownrc.co.uk

Surbiton's Moe Sbihi, a bronze medallist at London 2012, will be looking to add to that prize and his European title and three World championships this summer in the heavyweight four. He rows at Molesey Boat Club. Go to moleseyboatclub.co.uk

SAILING: Open water is a little harder to come by but we've still got the facilities to train world class sailors. Nicola Groves will be going for gold with partner Ben Saxton and learnt her trade at Island Barn Reservoir Sailing Club in west Molesey. Go to islandbarn.org.uk

ATHLETICS: One thing is for sure, south London trains some

ruddy quick runners: exciting young sprinting male and female prospects Adam Gemili and Dina Asher-Smith run for Bromley and Blackheath Harriers. The club is also home to Sutton-based Scott Overall and hurdler Serita Solomon. Go to bandbhac.org.uk

The second-fastest Brit of all time and 2014 European 100m champion James Dasaolu runs at Croydon Harriers, as does Thornton Heath's 400m World Championship silver medallist Martyn Rooney. Go to croydonharriers.co.uk

Hither Green's Commonwealth 400m gold medal winner Conrad Williams is a member of Kent Athletics Club. Go to kent-athletics.co.uk

Also heading to Rio as part of

the relay team, there is no doubting that Sutton and District Athletics Club's Harry Aikines-Aryeetey is blossoming fast. Find out more at suttondistrictac.co.uk

HOCKEY: Wimbledon Hockey Club's men are the reigning Premier Division Champions so it is no surprise they also supply Team GB with some of its stars. Alastair Brogdon has more than 100 caps, including bronze at the Commonwealth Games and World League, playing alongside fellow Wimbledon star Michael Hoare. They are joined in the squad by teammate Ian Sloan.

Wimbledon Hockey Club runs a number of courses. Go to wimbledonclub.co.uk

When it comes to the ladies, Surbiton Hockey Club is in a

similar position, with three of their players in Team GB. Georgie Twigg has a Commonwealth silver and bronze to her name as well as an Olympic bronze while Giselle Ansley and Hollie Webb were part of the Commonwealth silver winning side in 2014. Go to surbitonhc.com

BOXING: This year two hopefuls hail from south London. Light heavyweight Joshua Buatsi trains for South Norwood and Victory ABC.

Hopes are high for Earlsfield ABC superheavyweight boxer Joe Joyce, who is the current Commonwealth champion and the winner at the 2015 European Games in Baku. Go to earlsfield-abc.org.uk

CYCLING: Could Carshalton's

Joanna Rowsell Shand bag another gold in Rio? A former member of Sutton Cycling Club, she already has one Olympic and one Commonwealth Games gold. Go to suttoncycling.co.uk

JUDO: One of the success stories of London 2012, silver medallist Gemma Gibbons learnt all about her sport at Greenwich Metro Club. The club encourages new members from the age of five upwards. Go to facebook.com/metrojudoclublondon

SWIMMING: Former two-time British Olympian Ellen Gandy grew up in Bromley before moving to Australia (for whom she now swims) in her teens. She was a promising swimmer at Beckenham Swimming Club. Go to beckenhamswimmingclub.com



PLOTS AT PLAYHOUSE

Full of scheming, murderous plots and desperate attempts to get and then cling on to power – there is so much to love about Richard III and now youngsters can delve deep into it this summer.

Pull The Other Theatre is running a five-day Shakespeare drama workshop for aspiring actors aged 10 to 16 this summer.

Run by people with experience at the Royal Shakespeare Company, National Youth Theatre and Shakespeare for Schools Festival, the workshops from August 15 to 19 will focus on the bard's epic and sinister tragedy Richard III.

The course culminates in an evening performance at Epsom Playhouse Studio Theatre.

The youngsters will get the chance to make friends, act in a play and become theatre makers while learning how to speak Shakespeare's language, build a character and hone their performance.

Go to ptotheatre.org.uk



PEDALPOWER

For three months last year I attempted to commute to work through Tooting, Mitcham and Sutton, riding on the cheapest bike Halfords had available, writes **George Odling**.

I kept telling myself it would get easier but abandoned the commute when a mother, with her baby strapped to the back of her bicycle, shot past me while I slowly wheezed up Angel Hill.

Naturally, when I was told there was a bike out there that did half the work for you I jumped at the chance to take it out for a spin.

The Piaggio Wi-bike boasts three different levels of electric assist, from Eco mode to Power for those steep hills, as well as the ability to connect your smartphone to the bicycle to record data and stats from each trip.

The "B-Fit Personal Trainer" means you can monitor your speed, how many calories you burn on each trip and your fitness progress.

My initial thought was that a bike that does half the work for you cannot be the best way to get fit, but there is still a fair amount of pedalling to be done as well as the option to finely tune how much effort is needed to keep yourself moving.

It is actually easier to monitor how hard you push yourself, and how your fitness is progressing, but there is always the temptation to crank up the bike's power and let it do most of the work.

The first thing I noticed when I got on was the bike was not particularly comfy or easy to manoeuvre.

The saddle was very hard, the bike itself was very heavy and stiff and changing direction without a lot of speed was a chore.

Once I got going and approached my first hill though, none of this really mattered.

I flicked the bike into "Power" mode with my thumb just as a lycra-clad chap on a road bike shot past me as we approached the bottom of my Everest: Angel Hill.

Both of us were pedalling frantically to keep momentum, but I had a little electric engine whirring between my legs, and the added power made me feel like Mark Cavendish.

I whizzed past the baffled cyclist and shot over the top of the hill, turning my head to flash him a sheepish grin.

With the Wi-bike I shaved about 20 minutes off my trip home, which had taken an hour when cycling the cheap bike under my own speed.

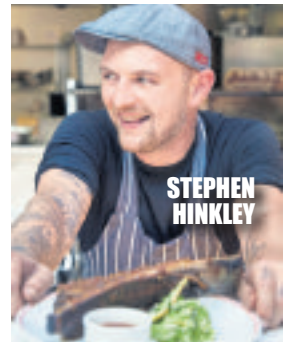
Carrying the bike up the narrow staircase to my flat was tough given its weight and size, so a location for where the bike could be stored is something to consider.

The Wi-Bike has a hefty £3,000 price tag, but it does exactly what it said it would and made my commute significantly easier and quicker.

So if you can afford it, are sick of the trains but wary about exhausting yourself tackling miles of terrain under your own steam, it should be something to think about.

Our Piaggio WiBike was provided by BMG Scooters in Richmond. Go to bmgscooters.com

GEORGE ODLING ON THE PIAGGIO WI-BIKE



SHARING KITCHEN

The barbecue has come indoors this summer with a carnivore's dream restaurant opening in Wandsworth.

Former Meatopia chef Stephen Hinkley has created a menu based on British ingredients alongside top butchers and farmers and takes centre stage in the open plan kitchen, talking guests through the menu.

MeatUp's main draw is sharing plates, such as pig's cheeks braised for four hours in Greenwich Mean-time ale and 24-hour marinated short rib cooked for a further 12 hours.

Sundays include sharing roasts for groups of four or more, including all the trimmings. As well as sharers and brunches, the 50-cover all-day restaurant becomes a late night bar with live music, DJs and Bring Your Own Vinyl nights.

Go to meatupgrill.com.

freetime

DON'T MISS THE NEW
Sandown Park Antiques & Collectors Market
Tuesday 2 Aug

ENTRY FREE • Open 8am
Car Parking £5 per vehicle.

Sandown Park Racecourse, Esher, SURREY KT10 9AJ
FREE Shuttle Minibus from Esher Station from 8.30am to 2.30pm

iacf 01636 702326 www.iacf.co.uk

GRAND CAR BOOT SALE

Wimbledon Stadium Car Park, Plough Lane SW17 0BL
Every Saturday - Cars £10 Vans £20
Admission £1 after 8.30am or £2 before
No New Goods Allowed, All on hard standing
020 7240 7405
GIANT SUNDAY MARKET & CAR BOOT
Wimbledon Stadium • Every Sunday 7.30am-2.30pm
Car Boot Sale Stall enquiries Call
7.30am - 12.30pm **07506 910210**

Travel **Newmarket Holidays**

Discover more on an escorted tour!

Call **0330 160 7724** **QUOTE NQL**
Visit newmarket.travel/nql

These holidays are organised & operated by Newmarket Air Holidays Ltd. ABTA V7812. ATOL protected 2325. Subject to availability. Single supplements apply. Standard phone charges.

ABTA

Host Family Accommodation

required in the New Malden, Berrylands, Tolworth, Surbiton areas.
Offering up-to £200+ per/week.
Interested? Please call
07713640214 or email
academyhomestay@gmail.com



Car Boot Sales

Car Boot Sale

Raynes Park
Bushy Road, SW20 8JN
SUNDAY 31st JULY STARTS 7:30am
Cars £11, Vans £15, £1 Entry
Enquires 07538 364 472
Weather Permitting
www.raynesparkcarbootale.co.uk
Pitch available for fruit & veg stall

Travel

Newmarket Holidays

Great value coach holidays & breaks

Call **0330 160 7724**

Visit newmarket.travel/nql

These holidays are organised & operated by Newmarket Promotions Ltd. ABTA V787X. Subject to availability. Single supplements apply. Standard phone charges.

ABTA

Advertising Standards Authority

ASA

Jas told her mates the party was really kicking off. *(It really wasn't)*

We all bend the truth now and then. But advertisers are not allowed to. If an ad isn't legal, decent, honest and truthful it must not run.



Have some fun in the sun this summer at these family-friendly activities at National Trust properties across south London and north Surrey. Lots of them are free but if you're not a member, you'll need to bear in mind admission charges. Find out more at nationaltrust.org.uk

HAPPY HOLIDAYS

Bat discovery tour at Polesden Lacey from 8pm on August 8 and 9: Find out about the extraordinary lives of bats – getting up close to the creatures and surveying their habitats on this ranger-led tour. £18 adults. Call 01372 452048.

Surrey Classic Vehicles at Polesden Lacey from 10am to 4.30pm on August 21: Vintage motors will park at the front of the house in a treat for visitors. Free.

Jungle Adventure Camp at Box Hill learning space from 9am to 4pm from August 8 to 12: Children aged seven to 14 can get swinging at Box Hill's summer camp, which includes wild art and baretech. £45 per child per day. Call 01306878554.

Much Ado About Nothing at Hatchlands Park from 7pm on August 7: Shakespeare's most popular comedy gets an all-male al fresco production from The Lord Chamberlain's Men. Tickets cost £16 adults or £8 children. E-mail tic@guildford.gov.uk

Park from noon to 3.30pm on August 5, 12, 19, 26 and 29: Little ones aged two to 11 can have a go on a horse, with experienced handlers leading three to five minute rides. £3.

The Wizard of Oz at Hatchlands Park from 6pm to 8pm on August 23: Somewhere over the rainbow (Hatchlands Park), Immersion Theatre are performing a summery outdoor panto. £12 adults and £8 children. E-mail tic@guildford.gov.uk

Children's Trail at Claremont Landscape Garden from August 6 to 14: Take the trail around the gardens and learn about carnivals and circuses as part of Carnival Week, which includes plenty of arts and craft activities.

Dormouse Walk at Reigate Hill and Gatton Park, from 10am to 11am on August 14: A colony of usually reclusive dormice live in the Surrey Hills and this is a rare chance to join a ranger to examine their nest boxes. £12. Call 01372 220644.

The Jungle Book at Morden



Hall Park from 11.30am to 1pm from August 5 to 8: Kipling's tales is brought to life in an outdoor performance that will have you on your feet following performers through the rose gardens. £12 adults, £8 children.

All Aboard the Good Ship Osterley at Osterley Park and House from 11am to 4pm from August 27 to 29: Learn how to use a compass, sea chart, star chart and sextant. £10 adults, £5 children.

WHATDADCOOKED

This **FISH TACO** recipe has been one of Surbiton siblings Pete and Leo Williamson's biggest hits on their blog What Dad Cooked. It's perfect for summer and now you can have a go at making it too.

Fish tacos are a famous export from Baja California in Mexico. The fish is normally battered and deep-fried or grilled. This way is a bit of a cheat; the fish is coated in flour and egg and then shallow-fried. It's very easy.

Serves: 4 **Time:** 50 minutes

Level: Easy

INGREDIENTS:

700g salmon fillet
8 or more corn or flour tortillas
2 whole eggs, beaten
Bowl of flour (approx 100g)
¼ white cabbage
½ iceberg lettuce, sliced thinly
400g tomatoes, skins removed and flesh chopped
2 avocados, chopped
Fresh coriander, chopped
1 or 2 red chillies, chopped
125ml mayonnaise
125ml crème fraîche, 3 limes
Vegetable oil, salt, sugar

Start the slaw. Slice the cabbage and mix with the juice from half a lime, half a teaspoon of salt and half a teaspoon of sugar.

Prepare the fish. Check for any bones and remove the skin. Cut into nugget-sized pieces.

Prepare the batter. Put the eggs and flour in two bowls.

Heat the tortillas. Wrap the tortillas in tin foil. Place in an oven on low heat (150C Gas 2) for 15-20 minutes until very warm.

Make the lime mayo. Mix the mayonnaise and crème fraîche and add lime. Season with salt and pepper.

Shallow-fry the fish. Heat a shallow pool of oil in a frying pan. Dust the fish in flour and dip in egg and fry in batches. Drain on kitchen towels.

Assemble and serve the tacos. Drain the slaw and add the lettuce. Fill the warm tortillas with the salad ingredients, then the fish nuggets and then a drizzle of lime mayo. Add chilli and coriander to taste.

Visit whatdadcooked.com.



Surround your customers

Mix of platforms = maximum potential audience



1,071,085

Unique Users

Source: Omniture Jan 2016

671,376

Mobile Visitors

Source: Omniture Jan 2016

Kingston Guardian

Readership 40,077 JICREG MAY 2016

Call: 020 8722 6456 to speak to a media consultant

KINGSTON
Guardian

PROPERTY

kingstonguardian.co.uk/homes

Call **020 8722 6435** or email wcroft@london.newsquest.co.uk

Get the free app



Download it free from iTunes or Google Play, or scan the QR code



Selling your home quickly is about giving your property the edge. Here are just a few ways of breathing life into your home...

LICK OF PAINT: It might sound cosmetic but a coat of new paint (keep the colour neutral) can make a house feel clean, hygienic and cared for. While you are at it, update the front door furniture if it's looking tired, replace any rotting window timbers or loose tiles and give the front flower beds a weed. First impressions count.

ADD SOME PARKING: If you have a tatty front garden and you live in a town or city, it could be worth converting the space into an off-road parking area. Depending on the surface, this can be a cost-efficient way to add value, particularly if other properties in your street can't offer the same.

GET PLANNING PERMISSION: A property that comes with planning permission can often tempt buyers who have long-term ambitions for the property. Pay an architect to draw up plans for an extension, spend a bit of time getting them through planning and you could find yourself with a very desirable property (allow at least £2,500 to cover architect and council planning fees). Again, it's about giving your property an edge over others.

Convert the garage into an office. A lot of today's garages are no longer fit for purpose, having been designed when cars were smaller. They have become dead space and can easily be converted into another room. Before you do anything, though, find out what buyers are looking for in your area: is it houses with lots of bedrooms (families), or properties with an office (young professionals)?

Daniel Killick, Manager of the Kew branch of Chestertons, says: "Increasingly vendors and landlords realise that, by creating viable home office space they can attract people who want the option of flexible working and who want to be able to stay productive if transport links fail or childcare means the 9 to 5 grind just isn't an option."

CONVERT THE LOFT

Loft conversions are not cheap or always straightforward but they can add considerable value to a property, particularly when space is at a premium. According to recent research by Savills, a good loft conversion can add 10 to 15 per cent to the value of a London home (valued at £1million to £1.5million) and five to 10 per cent in the rest

of the UK (for homes valued at £500,000 to £1million).

Make sure you don't eat into existing living space and remember to tell your insurer if you are using the space for another bedroom. Costs vary but a small conversion will set you back £15,000; a large one up to £40,000.

ADD A CONSERVATORY: The key to a successful conservatory is to ensure that it flows from your existing rooms, rather than looking as if it's just been tacked on to the outside. Savills suggests a good one could add as much as 12 per cent to the value of your home in London, five per cent for the rest of the UK and give you a lot more living space (at the expense of your garden, though). Expect to pay anything from £5,000 to £15,000.

INSTALL A NEW KITCHEN:

The kitchen is what most house-hunters will look at first. Sparkling work surfaces and new appliances can woo a wavering buyer. Read research from OnTheMarket.com about how the 'Mary Berry Effect' is influencing buyers towards a modern kitchen. (Kitchens are also what a lot of buyers strip out as soon as they buy a property,

so don't waste your money on something new but tasteless). An average new kitchen costs £8,000 and can add six per cent to your property's value, according to consumer watchdog Which?. The current trend is for open-plan living, so make sure your kitchen has a sense of space.

ADD AN EXTRA BATHROOM:

Bigger houses need more bathrooms, particularly family homes. Nobody likes to queue in the morning. "The view is that more value is added relative to cost in a bigger property where a good bathroom count is really important," says Robin Chatwin, Head of Savills,

south west London.

Make sure all your existing bathrooms are spotless, too – it sets the right tone. According to Bathstore.com, the average cost of a new bathroom in the UK is £4,500 – but expect to pay a lot more.

More ideas at OnTheMarket.com.

BRIGHT IDEAS



*Part Exchange is available on selected properties at London Square Teddington, subject to availability and London Square's terms and conditions. Please ask your Sales Consultant for further details. Enhanced photography depicts the landscaped garden square at London Square Teddington. Photography depicts the show homes at London Square Teddington and are indicative only. Details and prices are correct at time of going to press – July 2016.



MAKE YOUR MOVE NOW WITH PART EXCHANGE

London Square's Part Exchange Scheme means you can move to London Square Teddington without delay.

We guarantee to buy your existing home, freeing you from the frustrations of waiting for the right offer or getting stuck in a lengthy chain, and there are no agents' fees to pay. It couldn't be simpler; contact our specialised sales team today*.

Set back from Waldegrave Road and arranged around a beautifully landscaped garden square, London Square Teddington is a sought after development of luxury 4 bedroom houses in a private gated development.

- High specification throughout including bi-fold doors opening onto private gardens
- Spacious accommodation and open plan kitchen/living areas
- Secure underground parking with space for 2 cars
- Walking distance from Teddington High Street, the station, and Bushy Park
- Close to shops and restaurants of Kingston and Richmond

THE STUNNING SHOW HOME IS OPEN DAILY
4 BEDROOM HOUSES STARTING FROM £1,295,000

CALL NOW – 0333 666 2434

The London Square Sales Suite, Waldegrave Road, Teddington TW11 8LW, open daily.

www.londonsquare.co.uk



JAPANESE TENANT ?

www.japanukproperty.com

LETTING AND MANAGEMENT

Fax: 020 8944 7601

email: letting@japanukproperty.com

020 8947 3111**THE BEST JAPANESE AGENCY****92 HIGH STREET, WIMBLEDON, SW19 5EG****Garages For Sale**

LOCK-UP
GARAGES/SMALL STOR-
AGE TO RENT from
£15pw, Twickenham,
Addlestone, Wimbledon
0118 975 9455

To advertise contact **020**
8722 6400 or email **privateads@**
london.newsquest.co.uk

**0845 1999 830**

ZoomInLeaflets.co.uk

FINDING YOUR NEXT HOME HAS NEVER BEEN *EASIER!*



You can already search for **property** from
all the leading **local** agents on our website
www.kingstonguardian.co.uk/homes



**NOW YOU CAN
DOWNLOAD OUR
free app**
FOR APPLE AND ANDROID

IT'S FREE, IT'S EASY, IT'S LOCAL!

Guaranteed income

We are Kingston's only
no-fee letting agent

FOR**LANDLORDS**

**RENT INCOME
GUARANTEED -
EVEN WHEN YOUR
PROPERTY IS EMPTY***



**NO COMMISSION
NO FEE,
SERVICE TO LANDLORDS**



**FULLY MANAGED
SERVICE
(INTRODUCTION-ONLY
SERVICE ALSO AVAILABLE)**



**UP TO £1,750
CASH BACK
WHEN YOU
JOIN THE SCHEME**

Over **800** properties are already on our books.
Are you missing out?

*Guaranteed income available through our fully managed service only

To find out more call **020 8547 5491**
or email **lettings@kingston.gov.uk**



THE ROYAL BOROUGH OF
**KINGSTON
UPON THAMES**

CLASSIFIED

Four easy ways to place your advertisement and start selling!

- 1 Call **020 8722 6400**
- 2 Email **privateads@london.newsquest.co.uk**
- 3 Online at **kingstonguardian.co.uk/advertise**
- 4 By hand or post: Classified Department, Floors 9/10, Quadrant House, Sutton SM2 5AS



Books Records & CDs SOUTHEY'S Life of Nelson leather bound, gold edges, slight damage to leather £10. 020 8942 7439 BOOK Chess by R.F. Green (The Club Series), £5. 020 8942 7439 SUNDAY TIMES Travel & Holiday Guide 1951, £5. 020 8942 7439 WARD Lock London 1929. £10. 020 8942 7439	Miscellaneous Sales PACKING CASES About 40 used packing cases, £10, buyer collects. 020 8942 7439 PACKING CASES About 40 used packing cases, £10, buyer collects. 020 8942 7439 3 WHITE Continental pillow cases, 28" x 30". £10 for 3. 020 8942 7439	Articles Wanted OLD ITEMS WANTED Old clocks • Pocket watches • Wrist watches (not battery) • Vintage toys • Old coins/banknotes • Fountain pens • Old jewellery (even broken bits) Military medals • Writing slopes China & Glass • Old dolls/bears Call now for more details 0208 399 9885 or 07973 563897	Electricians AFFORDABLE ELECTRICS • 24 HOUR CALL OUT • Domestic & Commercial • Fault finding • Landlord certificates • Part P Certification • Inspection & testing • Showers • Cookers • Fuse boxes • Lights, switches, sockets FRIENDLY & RELIABLE SERVICE Freephone 0800 652 6877 www.affordable-electrics.co.uk	Gardening Maintenance J.P. LANDSCAPES All aspects of tree surgery and landscaping • Free quotes • Pruning • Fencing • Patios and paving • Shaping • Turfing • Tree felling • Hedge trimming • Shingle paths and drives • Overgrown gardens cleared 10% DISCOUNT FOR APRIL All rubbish removed please call 0208 943 1675 or eves 0208 898 6849
Furniture & Furnishings UNWANTED FURNITURE & FURNITURE SALE Do you have good quality Furniture or household appliances that you no longer need? The Hounslow Furniture Recycling Project a registered local charity provides donated furniture etc to needy people and relies on the support of residents. Please donated furniture to enable this very necessary service to continue. We collect at no cost. Our opening hours are Monday to Friday 8.30am to 4.30pm and Saturday 10.00am to 4.00pm Please call 020 8814 2225 Northcote Avenue, Isleworth TW7 7JQ Tel: 020 8892 4916 www.hounslowwct.org.uk	Private Tuition SOUTHERN TUTORS 11+, GCSE, A LEVEL, Saturday, Week-day and Holiday Courses 07986 564651 New Teachers Welcome info@southerntutors.co.uk www.southerntutors.co.uk	ELECTRICIANS Emergency service, fault finding, certifications, fuse board replacements, rewires, lighting etc NIC approved. Telephone sockets, Cat5/6 cabling. 07939 443 653 0800 644 4886 www.cre8electricity.com steve@cre8electricity.com	General Services FREE business listings from your local newspaper. kingstonguardian.co.uk/click2find find It's the business directory you want to be on.	
THE GREATEST 168-PAGE SPECIAL EDITION  On sale at boxingnewsonline.net/ali or local newsagents	CURTAIN CREATION WE COME TO YOU Family Business Est. 28years, ✓ 3,000 fabrics ✓ Individually Designed ✓ Curtain And Blinds ✓ Professionally Fitted ✓ Sensible Prices 020 8669 7243	Garden Maintenance Jackson Tree Care All Aspects Of Tree Surgery And Landscaping Felling Pruning Thinning Crown Lifting Crown Reductions Stump Grinding Fencing & Turfing Seasoned Logs Chipper Hire For A Free Estimate & Advice Call Mobile: 077585 66692 Freephone: 0800 7471756 email: info@jackson-tree-care.co.uk	M DRIFFIL • Building Services & Maintenance work • Brickwork repointed/repared • Structural repairs, plaster/render repairs, soakaways, drains, paths, patios. • Painting, Carpentry & DIY, Kitchens, Plumbing No job too small - Call Murray 07762 469342 • 01932569958	
	Domestic Appliance Repair NO CALL OUT ON ALL WORK UNDERTAKEN SAME DAY REPAIRS WASHING MACHINES • FRIDGE FREEZERS TUMBLE DRIERS • ELEC COOKERS DISHWASHERS ALL HOTPOINT & CREDAS SPARES IN STOCK!!! ANYTIME JOHN WILLARD 020 8974 1561 07850 092 156 www.jwappliancerepairs.co.uk	Gardening & Landscaping T&R PAVING LTD BEWARE OF THE COWBOYS FULL PUBLIC LIABILITY INSURANCE Offering only the finest drive and pathway products, we are dedicated to making your driveway dreams a reality. With T&R Paving Ltd your design possibilities are virtually limitless, we use the best materials and only use staff with years of experience; we guarantee all our work and require no deposit on acceptance of a quote. ✓ New Driveways ✓ New Patios ✓ Fancy Brickwork ✓ Block Paving ✓ Crazy Paving ✓ New Fencing ✓ All Types Of Landscaping ✓ UPVC Fascias, Soffits & Guttering ✓ Exterior Painting ALL WORK FULLY GUARANTEED 5 YEARS 14 day cooling off period We are working in your area! Please call us now for a free quotation FREEPHONE: 0800 018 2457 DIRECT: 07341 823685 www.tandrpaving.co.uk Yard 2, Rear of Kenwood, Green Lane, Chessington, Surrey KT9 2DS	Handy Person GENERAL HANDYMAN • Painting • Decorating • Glazing • Carpentry • Guttering • Fencing • Roof Repairs • Chimney Stacks • Ridge Tiles Pointed 30 Years Experience in the Building Trade 020 8644 3724 07903 610 282	
	Advertise your services Call us on 020 8722 6400	To advertise contact 020 8722 6400 or email privateads@london.newsquest.co.uk	Painters & Decorators TED & SON painters and decorators Family Run, local and friendly service. 30 years Experience, Garden Services www.tedandson.co.uk 07913627322	
			DEALER OFFERS The best local used car deals. All in one place. Try our search by budget feature at www.kingstonguardian.co.uk/cars	

Patio & Paving

PREMIER PAVING DRIVEWAYS & PATIOS

- Block
- Cobble
- Shingle
- Natural Stone
- Slabs




YOUR LOCAL COMPANY
100's of references & testimonials
available, All work guaranteed

Call for **FREE QUOTE**
or **FREE BROCHURE**

0208 941 1006 - Mainline
07904 579 745 - Eve/Weekends
www.premierpavingsurrey.co.uk

Plumbing & Heating

JBT
Plumbing & Heating Specialists
24hr emergency call-out No
Call-out Charge
Free Estimates & Advice
All Areas Covered
All Work Guaranteed
Fitted Bathroom & Tiling
Fast Friendly
Reliable Service

www.jbtplumbingandheating.co.uk
jbtplumbing@hotmail.com
020 8644 3446
07976 419 890



Removals

MR BEE REMOVALS
FROM £20 P/H
Reliable men with vans
for removals
From single items, flats,
houses, offices & clearance.
ANYTIME, ANYWHERE.
07773 673535
020 3302 2275
info@mrbeereovals.com
www.mrbeereovals.com

Top Line Removals
Local or long distance
Small houses,
flats and offices
One item to a full load
CALL PAUL ON
020 8390 0771
07836 200 489

Contact us
for all
advertising
solutions
020 8722 6455

Removals & Storage

ALAN'S REMOVALS

- Friendly and reliable removal service
- Single items to full loads • House clearance
- Furniture disposal • Best hourly rates or fixed prices • Not to be beaten

**WE COVER IT ALL, BIG OR SMALL,
SO PLEASE CALL
ALAN**

020 8751 1777/07956 403 284
7 days a week
Also insured

Roofing

10% Discount
with this advert
J STEVENS
ROOFING & GUTTERING
The affordable roofing company
➤ Roof repairs ➤ New roofs
➤ Flat roofs
➤ UPVC fascias soffits & guttering
Fully insured
All work guaranteed

Call for a free estimate
01372 828 414 | 07984 217 927

SOUTHERN ROOFING
ROOFING & GUTTERING SPECIALIST
"A respectable & reliable company"
• Tiling • Flat roofing • UPVC fascias, soffits & guttering
• Slating • New roofs
• Chimneys • All roofing repairs
0800 292 7540 • 07909 691 741
Email: southernroofingandguttering@hotmail.com
Web: www.southernroofingandguttering.com

Roofing Services

* D.J.K Roof Care *

- Fully Qualified & Insured
* Roofing * Guttering * Repairs * Leaks *
* Flat Roofs * Jet Washing etc
* General Property Maintenance
Free Estimates and Advice

020 8485 7127
07554 144 496
www.djkpropertycare.co.uk

Rubbish Clearance

LOW COST WASTE REMOVAL LTD

We will beat any estimate 

- Garage-House-Garden clearance
- Demolition services
- Registered waste carrier

Prices from only £40

0800 622 6889 | 07506 736548

24/7

Rubbish Clearance Services

Chatlines

LIBRA SKIP HIRE
✓ 4-40yard
✓ Wait & load
✓ Same day service
01372 729 984
www.libraskiphire.co.uk

MATURE LADIES
LIVE SEX CHAT 35p
Service by LiveLadies UK Ltd. Call cost 35p per minute + your phone company's access charge. Call recorded. 19-POCSB-WG-7916. We may send promo msgs, call Helpline: 0332002021 to opt-out.

Find whatever business
you're looking
for here.

kingstonguardian.
co.uk/click2find


It's the business directory

Advertise
your cars for sale
online and in print

CALL US ON
020 8722 6440

Advertising Standards Authority

ASA

Pete tells everyone
he's six foot.

(He's five foot ten. In Cuban heels)

We all bend the truth now and then. But advertisers are not allowed to. If an ad isn't legal, decent, honest and truthful it must not run.



0845 1999 830
ZoomInLeaflets.co.uk

FAMILY ANNOUNCEMENTS

yourlocalguardian.co.uk/announcements

Call 020 8722 6401 or email starley@london.newsquest.co.uk

Funeral Directors

The co-operative funeralcare

Providing a caring personal service available 24 hours a day, 7 days a week.

New Malden

89 High Street

020 8949 4475

Kingston-upon-Thames

175-177 King's Road

020 8549 9493

Surbiton

10 St James Road

020 8399 3920

www.co-operativefuneralcare.co.uk

Best place

for your public notice

CALL US ON 020 8722 6400

Need a solid Defender?

Exchange and Mart

Whoever you are, and whatever vehicle you're looking for, why not cast your eye over Exchange & Mart first?

As the UK's longest established car-buying specialists, we have an unrivalled presence across the UK - in

all your local areas - so there's more chance of finding just what you're looking for much closer to home.

Check us out today, and see just how easy finding the right car for your lifestyle can be.

Exchange and Mart

www.exchangeandmart.co.uk

Whoever you are, and whatever vehicle you're looking for, why not cast your eye over Exchange & Mart first?

As the UK's longest established car-buying specialists, we have an unrivalled presence across the UK - in

all your local areas - so there's more chance of finding just what you're looking for much closer to home.

Check us out today, and see just how easy finding the right car for your lifestyle can be.

Exchange and Mart

www.exchangeandmart.co.uk

Your next car is closer than you think

Announcements - Public Notices

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

Name of applicant: Calvin To

Postal address of premises: 37 Richmond Road Kingston Upon Thames Surrey KT2 5BW

Application details: Alcohol Licence - 7 days a week (10:00 - 23:00) Recorded music - 7 days a week (10:00 - 23:00)

Full details of the application can be inspected on the licensing register, online at www.kingston.gov.uk or in person at the address given below.

Deadline for representations : 20th August 2016

Representations must be made in writing to the Licensing Authority at the following address : Licensing Manager, Environmental Health, Guildhall 2, High Street, Kingston upon Thames KT1 1EU or by email to licensing@kingston.gov.uk

It is an offence to knowingly or recklessly make false statement in connection with an application. The maximum fine for which a person is liable on summary conviction for the offence is £5,000.

JUDITH ANNE WOOD (Deceased)

Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the aforementioned deceased, late of 18 Catherine Road Surbiton Surrey KT6 4HA, who died on 15/03/2016 are required to send particulars thereof in writing to the undersigned Solicitors on or before 07/10/2016, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.

GREEN WRIGHT CHALTON ANNIS 1 Tarrant Street Arundel West Sussex BN18 9AZ (Ref: SJ5) T477933

To advertise contact 020 8722 6400 or email privateads@london.newsquest.co.uk

JOB

kingstonguardian.co.uk/jobs

020 8722 6500 jobs@london.newsquest.co.uk

AD2000 Services Ltd

Security Officers Wanted!

Must hold a current SIA licence, ability to work flexible day or night shifts, be reliable with good customer services and communication skills.

Contact AD2000 Services Ltd on: 020 8767 2000 or Email: recruitment@ad2000servicesltd.co.uk

AD2000 Services Ltd are an equal opportunities employer

BRUNSWICK SURGERY - 020 8390 5321

SURBITON HEALTH CENTRE, SURBITON.

EXPERIENCED FULL TIME AND/OR PART TIME GP RECEPTIONIST REQUIRED

EXPERIENCE WITH EMIS WEB SOFTWARE IS ESSENTIAL.

CLOSING DATE - 30TH AUGUST 2016

PLEASE SEND YOUR CV AND COVERING LETTER TO david.potton@nhs.net

For further information please visit www.kingstonguardian.co.uk/jobs

MECHANIC/STRIPPER FITTER

Wanted for established Aston Martin servicing company in Cobham Surrey. Qualified to C&G or equivalent. Salary circa £32k.

CV to: anne@trinityastonmartin.co.uk

post: Trinity Engineering, Unit 2, Bramley Hedge Farm, Redhill Road, Cobham, Surrey KT11 1EQ

Tel: 01932 862040

Accountancy

Part time Cleaner required in offices in Tolworth. If interested please call 02073719500

SHREWSBURY HOUSE SCHOOL TRUST

SHREWSBURY HOUSE PREP SCHOOL (SURBITON) AND SHREWSBURY LODGE PRE PREP SCHOOL (ESHER)

FACILITIES ASSISTANT

Full Year / Full Time (52 weeks / 40 hours pw)

Salary from £18,000p.a. (dependent on qualifications & experience).

The Trust requires a flexible, self-motivated and suitably experienced Facilities Assistant to work across all Trust sites, Esher, Surbiton and Chessington. A valid driving license is therefore essential. The successful candidate will work well as part of a team, and have good communication skills.

Shrewsbury House (founded in 1865) and Shrewsbury Lodge Schools are thriving, highly successful and active schools attracting committed, inspirational and dynamic staff, offering a friendly working environment.

The closing date is Midday on 31st July 2016. For an application pack, contact Human Resources at recruitment@shspschool.co.uk or visit Shrewsbury House School website www.shrewsburyhouse.net. Interviews will take place w/c 6th August 2016.

Shrewsbury Lodge School 22 Milbourne Lane Esher Surrey KT10 9EA 01373 462781 www.shrewsburylodge.com

Shrewsbury House School 107 Ditton Road Surbiton Surrey KT6 6RL 020 8399 3066 www.shrewsburyhouse.net

RECRUITMENT AND SELECTION POLICY STATEMENT

Shrewsbury House School Trust is fully committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. Any offer of employment will be subject to the receipt of an enhanced DBS (Disclosure and Barring Service) disclosure, satisfactory references, medical clearance and proof of legal right to work in the UK.

75% of applicants* see jobs via local media

To advertise your job, call 020 8722 6500

*source: Marketing Week 2010

MOTORING

kingstonguardian.co.uk/cars

Call **020 8722 6440** or email motors@london.newsquest.co.uk

Sell your car fast

Advertise online and in the paper from as little as **£10**

Powered by

ExchangeandMart

The Mokka X is a small Cossover model that Vauxhall can't afford to get wrong. JONATHAN CROUCH looks at the tempting 1.4 petrol Turbo AWD variants.

BACKGROUND: The Mokka X represents Vauxhall in the compact crossover market. Let's see how it stacks up in 1.4-litre petrol turbo form equipped with standard AWD. This variant now comes with 140PS or in auto guise with a 152PS output.

DRIVING EXPERIENCE: For a mainstream manufacturer, Vauxhall has been notably absent or virtually absent from quite a few profitable market niches in recent years. They've done well in the growing small crossover segment though, since launching this Mokka model in 2012. Here, we've got the upgraded Mokka X version. As before, this design scores a small victory over its arch-rival, Nissan's Juke, by more affordably offering AWD. So

let's look at the 1.4T AWD derivative, now available in a choice of engine outputs.

DESIGN AND BUILD: The Mokka X has clearly been designed for the urban environment but that's not to say the ability to be driven off-road has been totally neglected. To this end, Vauxhall wisely offers both front and four-wheel drive chassis options, with the all-wheel drive mechanicals we're looking at in the 1.4-litre petrol turbo model here being fully adaptive. When the vehicle's being driven on smooth, dry surfaces, all drive is sent to the front wheels for optimum efficiency but when the road surface is slippery, as much as 50 per cent of the drive is automatically diverted to the rear axle. There's not even that much of a weight penalty for choosing the four wheel drive version as the mechanicals add a mere 65kg, which isn't going to put too big a ding in emissions and economy figures.

If you can stretch to it, I'd suggest that the 1.4-litre turbo petrol Mokka is a much better bet than the entry-level 2WD 115PS 1.6-litre petrol variant. Sixty is just 9.4s away enroute to 118mph, so it's usefully more rapid, and there's a healthier 200Nm of torque. Despite all this and the standard inclusion of 4WD, the provision of a 6-speed gearbox and more modern mechanicals mean that this pokier 1.4 is actually cheaper



to run than the feebler 1.6. Now there's a 152PS automatic 1.4T AWD model too. **MARKET AND MODEL:** The Mokka's compact size - it's 4.28m long - places it in the upper part of

the compact Crossover segment. In other words, in terms of exterior dimensions and cabin space, it's more Skoda Yeti than Nissan Juke - but not quite Nissan Qashqai size. For this improved 'Mokka

X' model range, British designer Mark Adams and his team have tried to create a bolder look. This means a wing-shaped horizontal front grille and the dominant, sharp double-wing signature of the

LED daytime running lights. At the rear is another double wing signature highlighted in the tail lamps, with LED technology an option. Vibrant new colours such as 'Amber Orange' and 'Lava Red' are also available. On the inside, the Mokka X has a completely new dashboard inspired by the latest Astra.

Otherwise, it's much as it was. In the back, the rear seats benefit from wide opening doors that simplify the fitment of the child seat, though that sharply rising waistline might restrict the view out for smaller occupants.

As for luggage room, well, there's no high boot lip to negotiate and beyond it lies 356-litres of carriage space - about the same as you'd get in a MINI Countryman but 30% more than you'd get in a Nissan Juke.

COST OF OWNERSHIP: Prices for this 1.4T AWD Mokka X start at around £22,000, so there's a premium of around £1,700 over the 2WD 1.4T variant. Another £1,200 gets you auto transmission and if you want that, you can also upgrade to a pokier 152PS unit, but by that time, you're looking at a list price of around £23,500.

As far as cost of ownership is concerned, it would be fair to call this Mokka 'class competitive'.

Motors Wanted

SELL YOUR CAR TODAY

- £100 - £10,000 cash waiting.
- Any make or model - year 2000 onwards
- No awkward web forms or travelling for you to do.
- Established 26 years and proud of our reputation.
- Fully insured with Tradex Ltd.

Please ring us now with details of your car (good or bad) and we will give you an honest estimate of what it's worth.

If you're happy, we will come to you, give the car a quick check over, pay you by cash (or bank transfer if you prefer) and drive it away. It's as simple as that!

We are based in Chessington, but will travel anywhere!

0203 371 1967 or 07956 285704

Robinson Cars. Chessington www.sellmycarinsouthwestlondon.com

Motors Wanted

WANTED

Motorbikes & Scooters

Anything considered
New or Old
with/without MOT

**Runners/Non Runners
BEST PRICES PAID**

**07494 626 118
0208 647 6266**

24 hours 7 days

BUYING NOW IN THIS AREA

All Cars, Vans & Motorcycles
Nothing Refused
RING NOW

**020 8542 6666
or 07836 671170**



0845 1999 830
ZoomInLeaflets.co.uk

Motors Wanted

ALL CARS / VANS WANTED

01372 209706

Inc Mot failures/Damaged/scrap
Best Prices Paid Legal Car Disposal

J G Motors 07956 381174
All Areas Covered

Car Servicing

AUTOMATIC | MANUAL GEARBOX SPECIALISTS

All the latest electronic and constantly variable transmissions diagnosed and tested

Repair and overhaul of all models undertaken Est. since 1970

020 8977 9891
www.rimsengineering.co.uk
RIMS ENGINEERING

The rear of 8 The Causeway
off Middle Lane, Teddington
Middlesex TW 11

Sell your car
from as
little
as
£10



Powered by **ExchangeandMart**
Call: 020 8722 6444

Car Body Repair

DOCTOR DENT

Mobile Technician

PAINTLESS DENT REMOVAL

Professional dent removal carried out at your Home/Work. No inconvenience to you.

Bumper scuff repaired

Fraction of the cost of a bodyshop!

Interested?

Call **07873 255657**

DID YOU KNOW, WE HAVE A MASSIVE MONTHLY ON-LINE AUDIENCE?

TO DISCUSS HOW WE CAN CONNECT THIS AUDIENCE TO YOUR BUSINESS, CALL US NOW ON:

020 8722 6436

www.kingstonguardian.co.uk

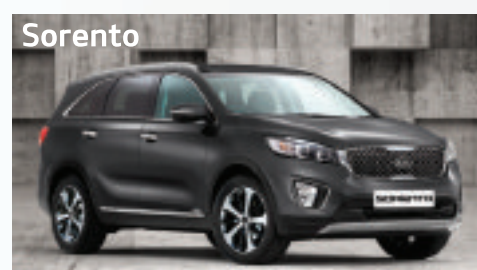
FREE business

listings from your local newspaper.

kingstonguardian.co.uk/click2find

It's the business directory you want to be on.

You should be able
to have what you
want, including
the price



**£1000
OFF**
WHEN YOU TAKE
A TEST DRIVE

4.9% APR
REPRESENTATIVE

WITH DEPOSIT
CONTRIBUTION
**FROM KIA
AND SHELLY
MOTORS**

7 YEAR
WARRANTY

**FIRST 3
SERVICES
FROM
£299***

Personal Contract Purchase. 37 Month Term

It's time for a closer look at the KIA Range



The Power to Surprise

Shelly Motors (Epsom)

Longmead Industrial Estate

Felstead Road • KT19 9QG • 0208 003 1866

Fuel consumption in mpg (l/100km) for the Kia Picanto range: Urban 38.7 (7.3) – 51.4 (5.5), Extra Urban 61.4 (4.6) – 74.3 (3.8), Combined 50.4 (5.6) – 64.2 (4.4), CO₂ 130 – 102g/km. Fuel consumption in mpg (l/100km) for the Kia Rio range: Urban 33.2 (8.5) – 68.9 (4.1), Extra Urban 56.5 (5.0) – 85.6 (3.3), Combined 44.8 (6.3) – 78.5 (3.6), CO₂ 147 – 94g/km. Fuel consumption in mpg (l/100km) for the Kia cee'd range: Urban 29.1 (9.7) – 67.3 (4.2), Extra Urban 47.9 (5.9) – 83.1 (3.4), Combined 38.2 (7.4) – 78.5 (3.6), CO₂ 170 – 94g/km. Fuel consumption in mpg (l/100km) for the Kia Sorento range: Urban 36.2 (7.8) – 40.9 (6.9), Extra Urban 47.9 (5.9) – 57.6 (4.9), Combined 42.8 (6.6) – 49.6 (5.7), CO₂ 174 – 149g/km. MPG figures are official EU test figures for comparative purposes and may not reflect real driving results. Model shown Picanto 'Sport' 1.25 84bhp 5-speed manual ISG 5-door at £11,995 including Clear White paint. Kia Picanto range available from £8,545. Customer savings vary by model derivative. Specification shown not available on all Picanto models, specification varies across the range and is subject to change without notice. Available between 01.07.16 – 30.09.16 inclusive. £1,000 including VAT saving available for the purchase of a new Kia between 01.07.16 – 30.09.16 (excl. Picanto 1, 2, SR7, Chilli, 3 and 4 grades 3 & 5-door, Rio 1, SR7 and 2 grades 3 & 5-door, All-New Sportage). Offer subject to taking a test drive. Private customer registrations only, excluding Personal Contract Hire. At the end of the agreement there are 3 options: (i) Renew: Part exchange the vehicle, (ii) Retain: Pay the Optional Final Payment to own the vehicle or (iii) Return the vehicle. Further charges may be made subject to mileage and condition of the vehicle. Subject to status. T&Cs apply. 18s or over. Guarantee may be required. Kia Finance RH1 1SR. Offer not available with any other offer. Offers not available in The Isle of Man or Channel Islands. Retail sales only. For full terms and exclusions visit www.kia.co.uk.

Shelly Motors Ltd trading as Shelly Motors are a credit broker (not a lender) for the purposes of this financial promotion and can introduce you to a limited number of carefully selected finance providers and may receive a commission from them for the introduction.

Motors Wanted

• BMW • AUDI • MERCS • FORDS •

London & Surrey
Legal Car & Van
Disposal

www.jdcarandvanbuyers.co.uk

- I.D Presented
- Licence Number GB-GN 5716RL

DVLA Notified
Same Day

- Runners or Non Runners
- £10 - £10000

PAID FOR CARS

Any area covered within half hour

Croydon/Sutton
01372436670
Epsom/Esher
07730005436

• BMW • AUDI • MERCS • FORDS •

Motorbikes & Scooters

INSTANT CASH
BEST OFFERS

For any cars/vans campers/motorcycles
 ★ OLD or NEW ★
 High/low mileage,
 clean/damaged with or without MOT
 also classic cars

07494 626 118
0208 647 6266
 24-hours - 7 days

Zoom-In

0845 1999 830
 ZoomInLeaflets.co.uk

Commercial Vehicles

CITROEN BERLINGO 1.6 HDI

625 LX van, 2012 62, white, side sliding door, 3 seater cab, twin rear doors, MOT Dec 2016, full Citroen service history, one owner, 58,000 miles, had very light use.

Guardian price £5950 plus VAT.

01737830517
 www.risegreen.com (T)
 (low cost finance)

Advertise your cars for sale
 Call 020 8722 6440

Audi

AUDI A3 SPORTBACK

5 door, 2014 14, 1.4, TFSI, Sport, one private owner, 7,000 miles only, automatic, p/s, ABS, alloys, blue tooth, full media screen, comfort pack, rear parking aid, sat nav, mp3, CD, stop/start, recent Audi service, condition as new, Audi warranty, £17,650

01737830517
 www.risegreen.com (T)
 (low cost finance)

Fiat

FIAT ULYSSE

2.2 diesel, 03 plate, 108,000 miles, blue metallic, MOT'd, good condition, good runner, e/windows, p/steering, alloys, p/steering.

£600 ono
 07813 025 305

Ford

2005 Ford Focus 1.6 LX

5 door petrol hatchback in black. One former owner. Remote central locking, Elec. windows/mirrors, CD radio, nice alloy wheels, tidy bodywork and clean interior. 88,000 miles. MOT to Feb. 2017.

Now reduced to £795
 Tel. 07931 360396 (T)

Lexus

LEXUS IS 220

Diesel, saloon, 2007 57, 6 speed, p/s, ABS, alloys, climate, cruise, CD, e/windows, c/locking, power fold mirrors, only 54,000 miles, very good service history, long mot, 6 months warranty

£5650
 01737830517
 www.risegreen.com (T)
 (low cost finance)

Mercedes

MERCEDES C250

automatic 2.1 CDI, 2010, 4 door, blue, full leather interior, Bluetooth, Aux, 122,000 miles, new tyres, full service history, 12 months MOT, good condition

£6,350.
 Tel: 020 8977 9402

Mercedes

MERCEDES 280 SL

convertible hard top, 2000, AMG, alloys, Blue Metallic, Grey Leather, 90,000m, MOT'd

£5500
 07813025305

MERCEDES C200

2001 Y reg. Elegance, one private owner from new, 56,000 miles, full Mercedes service history, leather, cruise control, climate control, c/locking, e/windows, automatic, silver metallic

£1895
 01372277102
 07831656933 (T)

Nissan

NISSAN PIXO

late Dec 09, automatic, 5 door, 18,000 miles, 2nd owner, CD player, central locking, full Nissan service history, e/windows, lovely condition,

£3650
 01737 903988
 07568 310588

Peugeot

PEUGEOT 306 MERIDIAN 1.6

red, 5 door, 80,000 miles, 1998, service history, owner from new, MOT Nov 2016

£495
 07931 703 693

NISSAN MICRA 1.2 ACTIVE

2007 / 07 reg, 1 owner from new, metallic red, MOT Jan 2017, 3 door hatchback, radio/cd, 5 speed manual, p/s, c/l, e/w, e/mirrors, abs, a/c, alloy wheels, air bag x4, excellent condition throughout

£1295
 07836 713 416
 0208 651 0211(T)

CITROEN XSARA PICASSO

52 Reg, blue metallic, 100,000 miles, MOT + new clutch, good condition,

£600
 07813025305

VAUXHALL ASTRA 1.6 CLUB

2003 03 reg, 104,000 miles, f/s/h, 2 owners, metallic grey, MOT June 2017, 5 door hatchback, stereo, 5 speed manual, p/s, c/l, e/w, a/c, air bag x2, excellent condition throughout

£595
 07836 713 416
 0208 651 0211(T)

FORD FIESTA FREESTYLE

1.3 Y reg, 5 door, new MOT, p/steering, central locking, air con, good runner, good condition

£400
 020 8977 3548
 07971 717 742 (T)

Vauxhall

VAUXHALL VECTRA 1.8

Automatic, 4 door saloon, 1999 V, 91,000 lies, MOT June 2017, new cambelt, excellent condition throughout,

£395
 0208 337 5474
 07866 059 387

Volkswagen

SEAT LEON 1.6

TDI Sport Tourer Estate, 2015 15, 5 speed, p/steering, ABS, alloys, air con, e/windows, c/locking, one private owner, 21,000 miles, service history, Seat warranty until 2018

£10,990
 01737830517
 www.risegreen.com (T)
 (low cost finance)

VOLKSWAGEN POLO TWIST

5 door, 2005 55, 1.2, black metallic, 2 private owners, 61,000 miles, FSH, p/steering, central locking, e/windows, alloy wheels, CD player, excellent condition throughout

£1895
 01372277102
 07831656933 (T)

Volkswagen

HONDA CVR 2.0

EX i V-tec, petrol, 2013 63, automatic, full spec, sun roof, leather, sa nav, alloys, power fold mirrors, heated seats, rear camera, one private owner, electric tailgate, complete Honda service history, immaculate condition

£18,990
 01737830517
 www.risegreen.com (T)
 (low cost finance)

VOLKSWAGEN ZETTA 1.6 TDI

Limited Edition, 2013 63, 5speed, p/steering, ABS, alloys, bluetooth, sat nav, power fold mirrors, front and rear parking aid, massive boot with folding rear seats, one private owner, 27,000 miles, £20 road tax, Volkswagen service history

£10,950
 01737830517
 www.risegreen.com (T)
 (low cost finance)

VOLKSWAGEN SCIROCCO 2.0 TDI AUTOMATIC COUPE

candy white, 2012/12, p/s, ABS, 18" alloys, multiple airbags, auto headlights, bluetooth, cd, DAB MP3 USB, e/m, sat nav, rear parking aid, privacy glass, tailgate spoiler, 38,000 miles, complete service history, new service and MOT, 6 months warranty

Guardian Price £12,990
 01737830517
 www.risegreen.com (T)
 (low cost finance)

DID YOU KNOW, WE HAVE A MASSIVE MONTHLY ON-LINE AUDIENCE?

TO DISCUSS HOW WE CAN CONNECT THIS AUDIENCE TO YOUR BUSINESS CALL US NOW ON:

020 8722 6436

visit us at **www.kingstonguardian.co.uk**

Advertise your services
 Call us on 020 8722 6400

Advertise your cars for sale
 Call 020 8722 6440

Behan flies to Rio on form

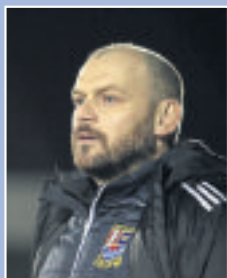
TOLWORTH Gymnastics Club's Kieran Behan, right, headed off to Brazil last week with a spring in his step.

The Croydon 27-year-old is in the Irish squad for the 2016 Olympics and will kick off his campaign in Rio on August 6 – the day after the opening ceremony – with the first

medals decided two days later.

It will be Behan's second appearance at an Olympics and he will be hoping to go one better than London 2012 by qualifying for a final.

The Irishman was once told by doctors he would never walk again after a head injury suffered in training left him in a wheelchair.



More than happy: Ks boss Tommy Williams

Ks' life is a pitch for Williams

Boss Tommy Williams will be hoping his side will not have lost the feel good factor at Kingsmeadow after last Wednesday's promising draw with Sutton United.

Ks had been scheduled to face Tooting & Mitcham United at Imperial Fields on Saturday for their fourth pre-season friendly.

However, Williams pulled the plug after Tooting's grass pitch was deemed not ready for football by the host club's groundsman.

Ryan Moss, pictured, struck early before Bradley Hudson-Odoi scored late on for Sutton last week and Williams saw plenty to be pleased about.

"It was good work out against a strong Sutton side, I was really pleased with our shape and work-rate," Williams said.



"I thought we were unfortunate not to score more than the one we got, and to concede the penalty at the end.

"But at this stage it is all about getting minutes in their bodies and making sure there are no injuries, so overall a very good work out."

He added: "We know it's going to be a tough season, I think it will be tougher than last year – with some of the sides that have dropped down and those who have come up.

"Making sure we're competitive is the bare minimum, but we're building something here and we'd like to build on last year."

RIO BOUND: Surbiton's Sarah Haycroft will get Olympic chance one day

Playing the long game

SPORTS EDITOR
STUART AMOS

samos@london.newsquest.co.uk

SURBITON Hockey Club's Georgie Twigg has backed club captain Sarah Haycroft to be an Olympian one day.

The Sugden Road skipper did not make the cut for the Team GB squad heading to Rio this week, while club-mates Twigg, Giselle Ansley and Hollie Webb are bound for Brazil.

Haycroft has been a regular in the squad over the past two seasons and Twigg is confident her time will come.

"Sarah has been training with us, bless her, even since selection," said Twigg at Bisham Abbey yesterday.

"She is a young, exciting talent and she will be at the next Olympics I'm sure of it.

"It is heartbreaking for those not selected, but she has been fantastic in supporting us."

Twigg was in the Great Britain squad that won bronze in London four years and claimed European Championship gold last year.

And the Fulham-based 24-year-old is keen to go one better this time around.

"Because there has been less hype this time, we have just been able to concentrate on training and it has got to the point where we just want to get out there," she added.

"London was so special. There were so many fond memories. Stepping onto the podium was so special on home soil in front of all our family and friends.

"They will be there again and hopefully we'll do better."



Making preparations: Surbiton Hockey Club star Georgie Twigg pictured in training for Team GB at Bisham Abbey last week. The Lincolnshire-born 25-year-old will be making her second appearance at an Olympic Games in Rio next month

"The strength of this group is the belief in it. The Euro gold gave us added confidence and we know we can rival those top sides.

"It comes down to who plays well on the day. It is very cut throat and you have got to be performing on the day. It will be tough, but hopefully we can win gold."

The squad flew to South America on Wednesday and Twigg insisted she never considered giving up on her Olympic dream over fears surrounding the Zika virus.

"We had talks regularly from the doctors and we have all the mosquito repellents," she added.

"As long as we are careful, we're all quite young and not



GB trio: Hollie Webb, Georgie Twigg and Giselle Ansley

going to get pregnant any time soon.

"There are always things going on, and for us it is about getting there and

playing hockey."

Investec, the specialist bank and asset manager, supports women's hockey from grassroots to national level. investec.co.uk, @investec_sport

Puckle puts breaks on



Spin king: Giles Puckle, left

EVERGREEN spinner Giles Puckle's (3-23) miserly 12-over spell set Malden Wanderers on their way to a crucial win at Surrey Championship Division One bottom club Old Rutlishians on Saturday.

The former skipper's efforts helped dismiss the hosts for 116 before skipper James Wackett (33*) and Will Sabey (28) eased their side to a five-wicket win.

Second-bottom Wanderers are now a point behind third-bottom Spencer ahead of Saturday's trip to Banstead.

Morais sets example

Academy midfielder Bruno Morais has signed first team forms with the Ks for a second season and boss Tommy Williams hopes it is a sign of things to come.

Morais came off the bench to make his Ks debut in a Surrey Senior Cup tie at Merstham against Walton Casuals last November.

And he scored a penalty in the marathon 9-8 shoot-out win for Ks after the scores had finished level at 1-1 after normal time.

Morais netted 12 times in 22 appearances - including a hat-trick against AFC Wim-

bledon - for an academy team that won only four league games last term.

And Williams reckons his is an example other youngsters should follow.

"Bruno has been working very hard so far this pre-season and fully deserves to sign first team forms," said the Kingsmeadow chief.

"Bruno is an example to the other Academy and U18 players that hard work will be rewarded here.

"I hope Bruno will be the first of many more to come through our academy and youth set up this year."

SPORTSbrief

HOCKEY: England and Great Britain goalkeeper Sabbie Heesh has signed for defending Women's Hockey League Premier Division champions Surbiton Hockey Club for next term. The 24-year-old, who has two GB caps, makes the move from Leicester having also turned out for Belper, Cannock, Bowden Hightown and Loughborough Students during the course of her career. Heesh has represented England at U16, U18, U21 and U23 level, but is yet to make her full senior debut, despite being part of the squad that won the EuroHockey Championships at Lee Valley in 2015.

CRICKET: Raza Sikander's third half century of the summer helped Kingstonian remain top of the Surrey Championship Division Four table with a 51-run win over Woking & Horsell on Saturday. Sikander scored 73 and skipper Amir Hussain 51 as Ks piled up 235-8 declared at the King's College sports-ground, before Abdul Aziz claimed 6-57 to dismiss the visitors for 184. Ks are 10 points clear of second-placed Sanderstead and a whopping 60 points clear of third-placed Weybridge Vandals.

HOCKEY: Surbiton's Holly Munro captained England U18 women to a 3-0 victory over Ireland at the EuroHockey Youth Championships in Cork on Sunday. Sugden Road pair Eddie Way and Evan Kimber scored as the boys drew 2-2 with the Netherlands the same day. The duo were on target again as they downed Italy 6-0 on Monday.

FOOTBALL: Corinthian Casuals continued their rich vein of pre-season goalscoring form with a surprise 4-0 win over an AFC Wimbledon XI at Sutton United's Gander Green Lane last Friday. Boss James Bracken's men had scored 21 goals in five friendlies this summer prior to Tuesday's trip to Corinthian. Casuals host Cray Valley PM on Saturday.

FOOTBALL: Kingstonian Ladies will host Kingston College (Aug 10) and visit Whyteleafe (Aug 17) in two pre-season friendlies in preparation for their debut in the Greater London Women's Football League. Ks' U18 boys have drawn a trip to Ramsgate in the Ryman Youth Cup second round.

PARKRUN: St Mary's Richmond AC's Robert Eveson claimed his second Bushy Park parkrun triumph of 2016 on Saturday in a brisk 16 minutes 44 seconds. Dartford Harriers teenager Chloe Sharp (18:41) was the first woman home in 14th.

Outdoor Living SALE

Chessington
garden centre.co.uk

weber



Save £30.99

Compact Kettle
Steel lid & bowl, 57cm dia.

RRP £109.99 ~~£85~~ **£79**

weber



Save £40

Fireplace
Steel, H19.5 x W157 x D67cm

RRP £139 ~~£119~~ **£99**

weber



Save £70

Smokey Mountain Cooker
Steel lid & bowl, 37cm dia.

RRP £349 ~~£314~~ **£279**

weber



Multi-Buy

BBQ Briquettes
8kg

£11.99 each **2 for £20**



Save £56.99

Zanga Indian Recycled
Rustic Firepit (80cm dia.)

RRP £155.99 **£99**



Save £20

Stamford Firebowl
Steel, 75cm dia.

RRP £79.99 **£59.99**



Half Price

Thompson & Morgan
& Unwin Seeds.



Save £6

Gro-Sure Smart Lawn Seed
80% coverage

was £24.99 **£18.99**



Save up to £20

San Remo Fencing Panels
Various sizes & styles available

See website for further details

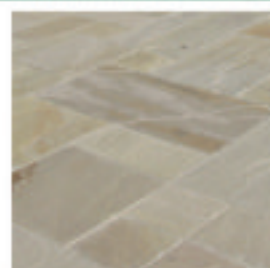


Half Price

Log Panel
L100cm, H15, 23 or 30cm

Log Roll
L180cm, H15, 23 or 30cm

See website for further details



Save £5/m²

Raj Blend Indian Sandstone Paving
17.85m² 5 size project pack

was £24.99/m² (£445.00) **£19.99/m²** (£399.00)



20% Off

Global Stone Sandstone Paving
13.85m² project pack
4 colours available

See website for further details

www.chessingtongardencentre.co.uk

Chessington Garden Centre
Leatherhead Road, Chessington Surrey, KT9 2NG
Tel: 01372 725 638
Email: info@chessingtongardencentre.co.uk



Home delivery available on all purchases of paving, bulk bags & selected landscape items. Delivery charges apply.
Offers valid while stocks last, subject to availability. Not valid in conjunction with any other offers. Images are representative only.

Outdoor Living SALE

Chessington
garden centre.co.uk

KETTLER



Save £40

Caffè Napoli Sets

With cushions. Available in aqua, slate, amethyst & sage

R.R.P £159 ~~£143~~ **£119**

Hartmann



Save £450

Amalfi 6 Seat Set

Oval table, 221cm, 6 armchairs with cushions, 3m parasol & base

was £1199 ~~£999~~ **£749**

Hartmann



Save £100

Amalfi Sun Lounger

With cushion, D220 x H100 x W75cm

was £399 ~~£349~~ **£299**



Save over £120

Roma Parasol

Sand or cappuccino, 3.5m diameter
*Base slabs extra

R.R.P £350 ~~£269~~ **£229**

KETTLER

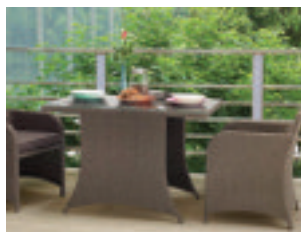


Save £300

Madrid Casual Dining Set

2 sofas, 1 corner sofa with cushions, dining table & ottoman. Whitewash only.

R.R.P £1999 ~~£1799~~ **£1699**



Save £130

Hampshire Balcony Set

Rectangular table
& 2 cushioned armchairs

was £399 ~~£299~~ **£269**



Save £90

Solana Café Set

Round bistro table, 61cm dia
with 2 stacking armchairs

was £239 ~~£169~~ **£149**



Save £150

Solana Lounge Set

Square table, 88 x 88cm, 2 seater sofa
& 2 low dine chairs

was £399 ~~£319~~ **£249**



Save £50

Iseo Bistro Set

Table, 60cm dia. & 2 folding bistro chairs

was £149 ~~£119~~ **£99**



Save £70

Iseo Swing Seat

3 Seater, W180 x D120 x H170cm

was £299 ~~£249~~ **£229**



Save £300

Iseo 6 Seat Set

Glass table, 150cm dia. with Lazy Susan
& 6 recliners, 3m parasol & base

was £799 ~~£599~~ **£499**

LeisureGlow



Save £500

Peach Daybed

All weather weave, including cushions

was £1499 ~~£1299~~ **£999**

Reserve online > Collect in-store
Chessington – making life a little easier

Click &
Collect

